

New Moon[®]

The Magazine for Girls and Their Dreams

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Display until November 10

New Moon

September/October 2000 • Volume VIII • Issue 1
Education & Learning
www.newmoon.org

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New Moon: The Magazine for Girls and Their Dreams is an international magazine for every girl who wants her voice heard and her dreams taken seriously. With girl editors ages 8 to 14 and girl contributors from all over the world, New Moon celebrates girls, explores the passage from girl to woman, and builds healthy resistance to gender inequities. The New Moon girl is true to herself, and New Moon helps her as she pursues her unique path in life, moving confidently out into the world.

New Moon

New Moon is a girl's voice,
Floating out on a silent night.
Telling her dreams to who will listen.
New Moon is a girl's spirit,
Soaring on the night's shore.
Paying attention to her dream,
Not someone telling her how to act
Or feel.
Let the New Moon Girl Fly!
—Amanda Sarette

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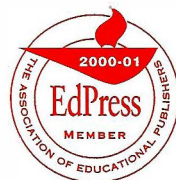
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Hello Readers,

Girl Talk

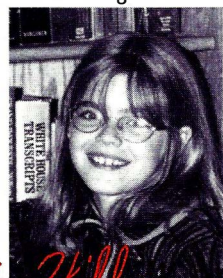
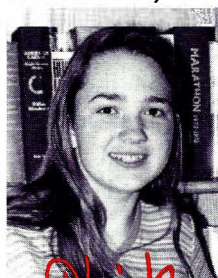
We decided to do this issue about Education and Learning since it's a great way to kick off the new school year. But we want you to remember that there are lots of ways to learn, and we're always learning something new—in or out of school.

Kiah is homeschooled, so her idea of learning includes activities not normally associated with regular school—she learns how to work with people in her acting troupe or she learns by playing a game.

Hillary thinks it's important to get an education because it will give you more possibilities for your future and more job opportunities.

We chose this topic because we think girls should care about what they're learning and how they're being taught. We hope you'll study each article and enjoy giving your brain a workout!

Love,



Sherry Boyce

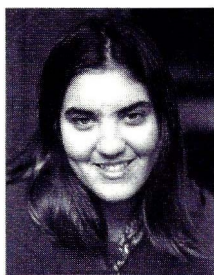
Kiah & Hillary



Eréndira Cerrillo, 12, lives in California with her parents, older sister, two older brothers, bird, and favorite rabbit, Puebla. She likes to rollerblade, draw, and play soccer. Eréndira hopes to be a veterinarian someday. She tells us how to be kind to our earth when buying school supplies (page 24).



Josie Hailey, 10, lives in East Sussex, England, with her mum, brother, four fish, cat, rabbit, and guinea pig. She likes art, doing crafts, and writing stories. She wants to be an explorer, artist, or theatre director. Josie writes about what it's like to see the world through rainbow-colored glasses (page 36).



Nell Roversi-Deal, 14, lives on a farm in Hawaii with her mom, dad, two brothers, grandparents, two cats, a dog, and 50 chickens. She enjoys horseback riding, playing guitar, and researching animal and human rights issues. Nell writes about the world of homeschooling (page 9).

Ella Schoefer-Wulf, 10, **Maxine Schoefer-Wulf**, 12, **Chandrika Francis**, 12, and **Lazhi Dvorak**, 12, live in California. They became friends five years ago at the Elmwood School, which their parents founded. This lucky bunch recently interviewed environmentalist Julia Butterfly Hill for New Moon (page 34).



Education & Learning

✿ by girls

FEATURES

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School's out forever! Hear from five girls who gave up school and dove into the real world.

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Love your mother . . . earth, that is, and get smart about back-to-school shopping.

36 ✿ Alphabet Rainbow

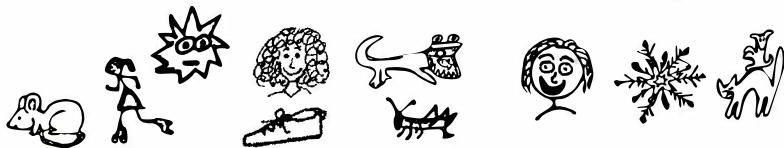
Move over, Georgia O'Keefe! For Josie Hailey, the right words can be a work of art.

54 Take a Class on the Wild Side

School got you down? Well, then it's time to make a change. Take this quiz to find out what school fits your animal instincts!

☾ Find the crescent moon hidden in every issue

Find the ten Luna Tics hidden in every issue



This issue's Luna Tics are drawn by Claire, 8, of Arlington, Massachusetts, and Sojourner, 13, of Tallahassee, Florida.

Send us your Tics!

Draw them in dark ink and on white, unlined paper, and send them to Luna Tics, New Moon, P.O. Box 3620, Duluth, MN 55803.



Sherry Boyce

The Girls Editorial Board enjoys a little light reading. (Hey! We added six new girls to our Editorial Board. Look for them in the next issue!)

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Welcome to the White House, Ms. President!

Special this issue! Eight bonus pages about how you (or some other worthy woman) can become the United States' first woman president.

IN EVERY ISSUE

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New this issue! Two girls head off to the wilderness in search of money.



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Coming up next!
November/December 2000
"Clothes & Fashions
Throughout History"

DEAR LUNA

Dear New Moon,

Your magazine is as close to perfection as a magazine will ever be!! A friend introduced me to New Moon. Now I've got my own subscription and am enjoying it even more! It helps so much to have a magazine like this to fall back on during puberty. I especially enjoy the articles about "girl things," like menstruation and how our bodies are changing. It's neat to be able to talk freely about this for a change!!

Emma, 14 • Thunder Bay, Ontario, Canada

Hi New Moon,

This is in response to Hannah's letter ("How Aggravating," January/February 2000). She was looking in the dictionary for definitions of god/goddess. Goddess, she said, was "a woman greatly admired for her beauty." Hannah, if you look in the *New American Webster College Dictionary*, third edition, you will see goddess defined as a female god and an extraordinary woman.

Katie, 14 • Reston, Virginia

Dear Luna,

A lot of girls write in about boys being sexist, but girls can be sexist, too! A lot of girls assume that guys can't like pink. One of my friends (a guy) loves the color pink, and girls usually tease him and say he's girly. Also, some women think guys can't be nurses. Well, my mom is a doctor, and she knows that men are great nurses. Besides that, some of my friends' parents think it's wrong that my dad stays home with my sisters and me, but that's just how our family works. I am not saying I am perfect; I have said sexist remarks before. I just want people to know that we shouldn't always blame guys for everything—we need to take some of the blame, too.

Sacia, 12 • Onalaska, Wisconsin

Dear Luna,

In your March/April 1999 issue, you said to try the Investing for Kids website at <http://hyperion.advanced.org/3096>. I think you should let other subscribers know that this is not a good website because it asked for a lot of information that shouldn't be given out. Also, how do you get on the Girls Editorial Board? Third, I would like to make some covers for you, but I don't know the future themes.

Anne, 10 • Larchmont, New York

Dear Anne: Thanks for letting us know! Whenever you

are on the Internet, you should ask your parent(s) before giving out personal information. They can help you decide how much information is too much. And be sure to read each site's disclaimer and privacy statement, which tell you how your information will be used.

We would love to have you on the Girls Editorial Board, but right now, only girls who live in and around Duluth, Minnesota, can be on the board. That's where we meet twice a month (sometimes more) to work on the magazine. But New Moon really belongs to you and the other readers. Keep making it great by sending in your stories, letters, and artwork. To receive cover guidelines, send a Self-Addressed, Stamped Envelope (SASE) with 55 cents postage to New Moon, Cover Guidelines, P.O. Box 3620, Duluth, MN 55803. Love, Luna.

Dear Luna,

We LOVE your magazine but are disappointed about one thing. We thought that the cover art was supposed to be done by kids, but when we looked through our old New Moons, we found that over two-thirds of the covers were done by adults. Maybe we misunderstood this, but WHAT'S WITH THAT?

Sarah and Lucy, 13 • Charlottesville, Virginia

Dear Sarah and Lucy: We LOVE it when girls create New Moon's cover art, but we receive very few cover art sketches from girls that follow our guidelines. If the sketch doesn't meet our requirements, we can't consider it for the cover. When you send in a sketch for a cover, please be sure to follow all the guidelines exactly. Love, Luna.

Dear Luna,

I read a letter from Cameron about Pakistan (September/October 1999). My grandmother lives in Pakistan, and the conditions there are very bad. The streets are cracked, and there's vomit everywhere. Worst of all, people are out on the streets begging for money. I am happy that my grandmother can live in a house and not wander the streets. The Pakistani newspaper says that 15 people are killed everyday. I always pray for my grandmother to be safe in Pakistan. I wish they would stop this violence.

Abeer, 12 • Endicott, New York

Dear New Moon,

I am responding to Julie and Johanna's letter (January/February 2000). I was annoyed with what they said.

New Moon has influenced young women. For instance, I participated in testifying against the Department of Energy because they are trying to send a train carrying nuclear waste through our cities and towns.

Ally, 12 • Webster Groves, Missouri

Dear Luna,

We think you have a great magazine. The world has about 10 or 20 magazines like *Teen*, but there is only one New Moon. *Teen* is what new Moon DIDN'T want to be. We'd like to see some articles on religion. A lot of people probably don't know about our religion. And we don't know about Buddhism or Hinduism, but would like to learn more.

Anna, 11, and Erin, 13 • Connecticut

Dear Anna and Erin: Thanks for the article idea! Our May/June 1998 issue was all about religion and spirituality. We probably won't have another issue like that for a few years. In the meantime, you can find a copy of the May/June 1998 issue at your library or order one from us for \$6.50. Call (800)381-4743 or order online at www.newmooncatalog.com Love, Luna.

Dear Luna,

One of my friends has just been diagnosed with leukemia. This condition is a horrible form of cancer that people should know about. Although she has a 78 percent chance of living, I am still upset. Could you print an article about this disease in your magazine? I want everyone to know about it so that we can one day find a cure for this disease and every other form of cancer.

Stephanie, 11 • East Brunswick, New Jersey

Dear Luna and Staff of New Moon,

Lately, I've noticed how young your staff is becoming, and I've done something I never thought I would do—I've outgrown New Moon. I'll be ending my subscription, but it's not because of the other teen magazines, some of which I do read, or because I want New Moon to be like them. I still believe in everything New Moon stands for, especially helping girls raise their self-esteem and giving girls a place to know that they're not alone in believing there's more to life than makeup, guys, and clothes. Thanks for your loving support and for helping me to reach for the moon! Do you have a magazine for older girls, or have you considered starting one?

Krista, 14 • Vancouver, Washington

Dear Krista: We did have a magazine for older girls called *HUES*, but we didn't get enough subscriptions to keep it going. Check out *Teen Voices* magazine at your

local bookstore, online at www.teenvoices.com, or call (888)882-TEEN to order a subscription. *Teen Voices* is a lot like New Moon, but for older girls. Love, Luna.

Dear Luna,

I disagree with Justine (March/April 2000) on her letter about anorexia. I've had anorexia, but I didn't do it for attention. I didn't tell anybody. At first, I thought I was just becoming a vegetarian; the very thought of meat disgusted me! But as time passed, I hated the sight of any food. It made me want to puke. After some friends confronted me, I fought it away. I was one of the luckier ones. I'd also like to say that not all so-called popular people only care about guys and makeup. I have a boyfriend, wear some makeup, and am considered "popular." I'm not like what your perception of a "popular" girl is, though. I love sports and play just about every sport you can think of.

Lena, 12 • Hong Kong, China

Dear New Moon,

Some people like oranges, some like apples. Some like both! Magazines are like this, too. Some people like pop culture magazines, some like magazines like New Moon, and some like both. This doesn't make some people bad and some people good; it just means we have different interests. Shaving legs or not shaving legs, wearing makeup or not—these things don't make a person. It is simply a personal choice.

Rachel, 14 • Freeport, Maine

Dear Luna,

I was thrilled to see Tamora Pierce and her Circle of Magic series mentioned ("Check It Out," March/April 2000), but I was disappointed when you didn't mention her first series of books. They're about Veralidaine Sarasri learning to use her "wild magic" (the name of the first book of the series). Most important is the Song of the Lioness quartet, where Alanna of Trebond pretends she's a boy so she can be a knight.

Becky, 14 • Houston, Texas

Dear New Moon,

I believe in fairness to animals. When I read "Bog-gling Bodies" (March/April 2000), I was aggravated. I would really like to know how the woman gets piglet bodies for her experiments. I respect her drive to learn more about her interests, but I would like some more information to make sure she goes about it the right way.

Chelsea • Calais, Maine

Dear Chelsea: Thanks for keeping on eye out for piglets!

rights! Heather Gill-Robinson, the scientist who wrote the article, asked local farmers for piglets that were still-born, had been stepped on by their mothers, or had died from other causes to use in her research. Love, Luna.

Dear Luna,

Thanks for making this magazine! I'd like to express my feelings on Chloe's letter (March/April 2000). I think she should enjoy this magazine for its articles and beliefs and not complain when her stuff doesn't get published. I'm sure tons of girls have written in as much or more than she has. When I get turned down, it makes me stronger.

Lesley, 12 • Falls Church, Virginia

Dear Luna,

I love your magazine because it teaches girls good things. Most kids these days know that prejudice is wrong. But most kids I know make fun of homosexuals. Although racial problems between kids don't seem to be as big of an issue anymore, prejudice against homosexuals is. I think a lot of people don't realize that if they hate all homosexuals simply because they are homosexuals, they are prejudiced. Girls and all people should be proud of who they are and should be respected for their differences.

Rachel, 12 • Halifax, Massachusetts

Dear Luna,

I think New Moon is great. Your Medieval Times issue came just in time because, in less than a week, the sixth grade is going to the Arizona Renaissance Festival. We have to dress up, and I'm going as a noblewoman. Thanks for the tips in "Don't Pick Your Teeth."

Stephanie, 11 • Phoenix, Arizona

Dear Luna,

At a store a week ago, I saw a girl with a shirt that said "Boys Suck" on it. I couldn't believe it! I don't know what company sells that sort of stuff, but it's disgusting! For all we know, they sell boys' T-shirts that say "Girls Suck"!!

Rose, 11 • Oakdale, Minnesota

Dear Luna,

I want to tell everyone that I probably have one of the best teachers in the world. Besides all of the regular subjects, she teaches us humor, compassion, and positive attitudes. She has also encouraged me to volunteer, run for student council, and help people. She is an inspiration, and I want to say thanks!

Ellen, 11 • St. Cloud, Minnesota

Dear New Moon,

I noticed that a lot of people write in about Barbie. I think she is a sexist toy because, even with all her dif-

ferent occupations, her makers still dress her "fashionably." Most of her clothes aren't what you'd actually wear to those occupations anyway!

Also, I have seen letters from girls asking New Moon to follow certain religious rules. I disagree. The people who read New Moon are of many different religions and races.

Justine, 12 • Halifax, Nova Scotia, Canada

Dear Luna,

I watched a very touching episode of *7th Heaven*. It was about the Taliban in Afghanistan and about how husbands sometimes treat their wives poorly, even in the U.S.

What really got to me was a speech about Afghanistan given by a wife and mother. She discussed how women there can be severely punished just for making noise when they walk or for laughing in public. She said that the Taliban claims it is following Islamic law. If a woman hits her husband, it is punishable by death, she said. But if a man kills his wife, he receives little more than a fine. Women in Afghanistan have to wear so many clothes that all you can see is a little of their eyes. The women receive very little medical care because they are not allowed to go to male doctors or to be doctors themselves.

This is terrible, and I would like to learn more about stopping it or raising awareness about it. The program said to call (888)WeWomen, but I was wondering if there are other places I could write or call?

E.E., 13 • Ravenna, Ohio

Dear E.E.: The phone number above is for the Feminist Majority Foundation. Their website is www.feminist.org. Here's a list of other websites you can check out: The Global Fund for Women (www.igc.apc.org/gfw), National Organization for Women (www.now.org/issues/violence), and Revolutionary Association of the Women of Afghanistan (www.rawa.org). Love, Luna.

Dear Luna,

Last month my class was watching a news program, and I was delighted to see that they did a report on *Harry Potter* (it's my favorite book). But I was distraught that they said that *Harry Potter* was good not only because it is great literature, but because it encourages boys to read! It sounded like the reporter was suggesting that boys don't read and that all girls do is read!!! The reporter also said that *Harry Potter* was banned in some Washington schools because it encouraged witchcraft!!! How they came up with that is beyond me!

Caitlin, 12 • Iowa City, Iowa

Dear Luna,

The best part about your magazine is that it's not all about boyfriends, clothes, makeup, etc. Thanks! And to you boys who read this magazine—you're great. There aren't too many boys who like to read magazines like this.

Stephanie, 12 • Kansas City, Missouri

Dear Luna,

Our schools need more AIDS and HIV education. The only time we can talk about AIDS and HIV is during Family Life Education. Even then, it's not an open conversation. Teachers tell us the causes and ways to prevent AIDS and HIV, but we really don't get a chance to say what it means to us. It's so stupid! I think this type of attitude causes teenagers to grow up afraid of AIDS.

Anna, 13 • Gerrardstown, West Virginia

Dear New Moon,

I am so thrilled that you put in an article about Flo Jo ("Fast & Fancy," January/February 2000). Is it possible to put in an article about Steve Prefontaine or Mia Hamm? I run track and play soccer, and I would really like to know more about these legends.

Erica, 12 • Salt Lake City, Utah

Dear Luna,

Most of you probably know about the "dolphin safe" standard for catching tuna. That standard was almost changed by the U.S. government so that tuna fishing companies could legally kill and injure dolphins and keep the "Dolphin Safe" label on cans. The good news is that Chicken of the Sea, BumbleBee, and Starkist are all sticking to the old standards! So if your parents buy

canned tuna fish, remind them to buy only those brands of tuna.

Chloé, 12 • Camas, Washington

Dear Chloé: Luckily, the Humane Society was able to stop the government from changing the standard! If you would like to stay up to date on the Dolphin Safe issue, visit the Humane Society website at www.hsus.org. They have a lot of information about how the standard protects dolphins and what U.S. companies are doing to help. Love, Luna.

Dear Luna,

I'd like to give Katy ("How Aggravating," March/April 2000) a little advice. As the old saying goes, "It's what's on the inside, not the outside." This is what I live by! Even though you may look different, it shouldn't matter. I think that you need to work on your self-confidence. It's OK to be different—even though your style may not fit in, you are unique in other ways. In time, someone is bound to notice how special you are. This goes to all you other girls, too. Be happy and proud to be yourself.

Hannah, 12 • Auburn, Maine

Dear New Moon,

Your magazine is so unique! It sounds like the people who write for it actually have brains because it talks about things that are really important for girls. I do occasionally read *YM* and see nothing wrong with it, but *New Moon* tops the charts. I love the idea of having an issue on fashion throughout history.

Halle, 10 • Cleveland, Ohio

*Who's Luna? Luna is the spirit of New Moon magazine!
Do you have something to say to me? I would love to hear from you!*

Write to me at Dear Luna, New Moon, P.O. Box 3620, Duluth, MN 55803, or e-mail me at girl@newmoon.org. Be sure to include your whole name, age, and street address. If your letter is published, we will only print your first name, age, city, and state. ★★ ★ We discourage girls from signing their letters "Anonymous." We want girls to be brave enough to stand by their opinions, even if they think those opinions will be unpopular. If you still don't want your name printed with your letter, ask us to use your initials.

Hey Girls! Help us make New Moon great.

Send us your stories, artwork, and poems for these upcoming themes (for the "Why? All Your Questions Answered" issue, send us your questions about anything under the sun, and we'll get answers for you!):

Why? All Your Questions Answered ★★ ★ Deadline is September 1, 2000

25 Beautiful Girls ★★ ★ Deadline is November 1, 2000

Technology & Nature ★★ ★ Deadline is January 1, 2001

Send everything to New Moon, P.O. Box 3620, Duluth, MN 55803, or e-mail girl@newmoon.org

VOICE BOX

Welcome to Voice Box, where girls express their opinions about hot topics. This time, we want you to think about **ADVERTISING**.

You might think of them as those annoying fillers that interrupt your TV shows and magazine articles. Or you might think of them as a kind of entertainment all by themselves. But however you think about them, advertisements are everywhere, and it's time to take a good, long look at them.

The About-Face organization says that the average person sees between 400 and 600 advertisements every day in magazines, on billboards, on TV, and in newspapers. With that kind of exposure, ads have become a regular part of our lives. But what are they teaching us? Every ad has a message—and that message may come to us through words or pictures or a combination of the two.

The problem is, if we don't stop and consciously consider what the ad says, how it makes us feel, and how it's trying to sell us something, those messages can get into our heads without us really thinking them through.

There are lots of organizations that are all about helping us look at ads and decide what we think about them. Here are just a few to check out:

About-Face

P.O. Box 77665
San Francisco, CA 94107
(415) 436-0212
www.about-face.org

Just Think Foundation

39 Mesa St., Suite 106
The Presidio
San Francisco, CA 94129
(415) 561-2900
www.justthink.org

Adbusters Media Foundation

1243 W. 7th Ave.
Vancouver, BC V6H 1B7
Canada
(800) 663-1243
www.adbusters.org

So, here's what we want to know from you:

Tell us about specific **ads you love** and why.

Tell us about specific **ads you hate** and why.

Has looking at an ad ever **changed the way you were feeling?** How?

What **changes** should advertisers make?

Send your thoughts about ads as soon as possible to Voice Box, New Moon, P.O. Box 3620, Duluth, MN 55803, or e-mail us at girl@newmoon.org. We can't wait to hear from you!

Freedom to Learn

by Nell Roversi-Deal

What does the word “education” mean to you? For most people, the word “education” brings to mind a classroom full of kids sitting at their desks working on math problems while the teacher writes on the chalkboard. At one time, that was my experience of education. But these days, things are different. What most people don’t realize is that there is a way to learn that doesn’t include school.

Learning outside of school, called homeschooling, means learning at home. Homeschoolers learn either with or without a study program. An unschooler is a homeschooler who does not follow any type of program but pursues learning based on her interests. For example, if an unschooler wants to know how a book is printed, she might volunteer at a printing or publishing company.



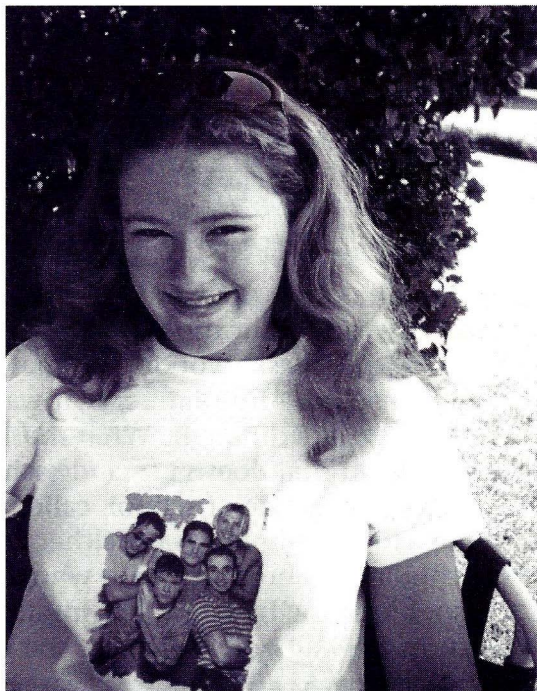
Chenoa

Since starting homeschooling, my world has become one of endless possibility. In addition to my core subjects of Math, History, English, and Science (which I follow from a program at home), I take horseback riding lessons, guitar lessons, Aikido (a martial art), and acting classes. I also work twice a week at the horse ranch where I ride, and I volunteer at a local radio station. I think I get a better education by homeschooling. I used to go to school, but now that I’m home, I’ve found that I can learn twice as much in half the amount of time!

Thirteen-year-old Chenoa Lizarraga from Hawaii agrees. “I love to homeschool because you learn more [than in school] and you get to pick the projects you do.”

"You can learn the things you want, when you want," says 15-year-old Mary Roversi from California, who's been homeschooled on and off since kindergarten. Now, she is doing unschooling. There is no typical day for Mary. "Every day is different," she explains. "I don't think about the future that much. I take every day as it comes."

Elly Roversi, a 16-year-old from California, has been homeschooled nearly her whole life. "People think just because I'm not in school, I must be very behind on my education," she says. "I actually do unschooling, which means I don't have a study program. That scares a lot of people, but it doesn't bother me." She says she loves homeschooling because it "lets you be independent" and learn from life.



Mary



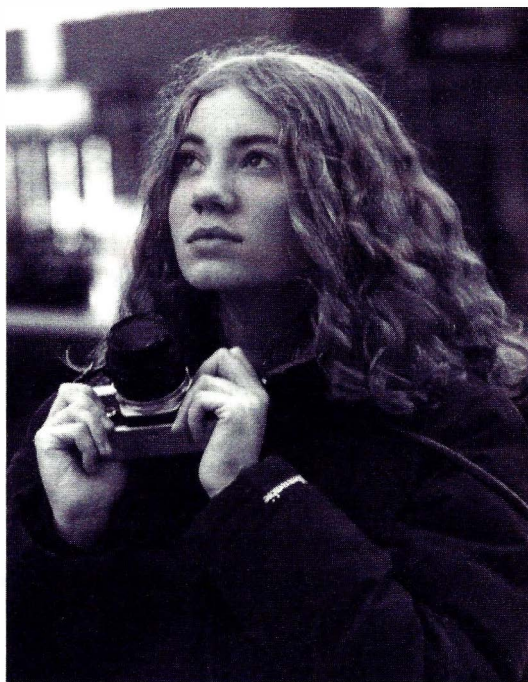
At 15, Caitlin Stern from Alaska is devoted to educating herself by unschooling. She works for a biologist, who is studying the bald eagle population in Chilkat Valley. One day, Caitlin got to canoe 13 miles down the river as part of her work with the bald eagles. She commented that every morning she would pass the local high school and think about the people inside preparing for the real world while she was out in it.

"There is a world out here that school seems to separate you from," says Caitlin. "You wait at least 13 years before they allow you out into it. School may be a place where some people enjoy learning,

Elly

but you don't have to go to school to learn."

Caitlin will be starting college in the fall of 2001. "Many people have the idea that you can't get into college without graduating from high school," Caitlin said. "In fact, most colleges don't require a high school diploma, GED [Graduate Equivalency Degree], or any other kind of certification. Most of the colleges I have visited have been extremely receptive to the concept of learning outside of a traditional schooling environment." She says that several colleges suggested she keep track of the books she reads and the time she spends doing educational activities. "Now I keep a record book, which I write in every day," she explains.



Caitlin

Some people think that homeschoolers must be lonely without the everyday contact with classmates. In some ways, it's true. One of Chenoa's closest friends goes to school, so she doesn't get to see her as much as she would like to.

Mary says that she sometimes gets lonely, too, because she likes to be around people. But, she continues, school "just wasn't something I wanted to be doing."

Elly agrees. "I guess you meet a lot of people [at school], but—contradicting a popular myth—I've found my best friends outside of school."

Homeschooling may not be for everyone, but it is one way to get an education. The important thing is that we all find a way to enjoy our education—only then are we truly free to learn.

Think homeschooling might be for you?

Visit the National Home Education Network website at www.nhen.org for answers to any question or call (413) 581-1463.

Interested in unschooling?

Check out www.unschooling.com

ask a girl

Ask a Girl is an advice column for you and by you. We help each other and take our problems seriously. Here's how it works: we publish letters that ask for help and advice. In later issues, we publish your replies—advice or personal experiences you can share. Because we get so many replies to each problem, we can only print a few. Write to us at Ask a Girl, New Moon, P.O. Box 3620, Duluth, MN 55803, or e-mail us at girl@newmoon.org Please include your whole name, age, and street address, but tell us if you don't want your name and address published with your letter. (Sorry, we can't reply to individual letters.)

I have been wondering about my period. None of my friends have gotten it that I know of. I just don't know what to expect. Please help!!

Allison, 12 • St. Paul Park, Minnesota

I'm in the seventh grade and am not ready to consider dating yet. I realize I am not mature enough, so it was easy to turn down the first few invitations to school dances. But then, this boy asked me to be his "girlfriend." I like him but don't want to be ANYONE'S girlfriend. My dilemma is that this boy is one of the most unpopular kids in the class and has no other friends. So how in the world do I turn him down?

Amy, 12 • Orlando, Florida

In January, Rachel, who is homeschooled, asked for advice on how to make new friends. There are some girls in her neighborhood her age, but she's only been able to say "Hi" so far. Here's what you said:

Dear Rachel,

Are you sure all you can do is say "Hi"? If you see one of these girls twice, go up to her and introduce yourself. Ask her name and start a conversation. I've done something similar to this, and it worked. I once got a best friend out of it! Good luck!

Rachel, 9 • Portsmouth, New Hampshire

Dear Rachel,

I am homeschooled. Here are some ideas for making new friends. 1) Check out your town's Homeschoolers' Network or Homeschoolers' Directory (a list of homeschoolers in the area and their ages, addresses, phone numbers) to find new people. 2) Get involved in your community. Volunteer, join a sports team, audition for a play or backstage work, take art, dance, or music classes, or classes on whatever you're interested in. I'm sure you'll meet new friends doing this. 3) Visit schools just to meet people. 4) Cultivate the friendships you DO have. 5) Be open to new people, regardless of their ages. 6) Be a good friend. 7) Love yourself. 8) Develop your own interests. Good luck!

D. • Ithaca, New York

In March, Nora wrote to us about a friendship that's no fun anymore. She's afraid to end the friendship because her friend is emotionally unstable. Here are two letters of advice:

Dear Nora,

I think you should talk to your friend about it. Maybe it will help her to talk to someone about it, too. My advice is not to end your friendship because of this. Be the bigger person and show your friend how much her friendship means to you, but also tell her that there are limits to be set. Hopefully, you can make your friendship fun again so that no one is left with hurt feelings and your friend can get help from a person she trusts. Good luck!

Sarah, 12 • Westford, Vermont

Dear Nora,

Ask people for advice about what they would do in a situation similar to yours. If you don't get enough help that way, talk to your friend's parents. Tell them that you need their help because their daughter is having trouble. Maybe they will talk to her and find out what is wrong. If you get nervous when you talk to them, ask your parents to talk to them for you.

Lilly, 12 • Goffstown, New Hampshire

Also in March, E.B. wrote about her friend who has muscular dystrophy. E.B. isn't sure how she should handle this situation. Here's what one reader suggested:

Dear E. B.,

My advice is to go to someone you can trust—a counselor, a minister, or an adult friend. They can help you deal with the situation responsibly. They can also help you gather the strength to talk with your sick friend.

Miranda, 13 • Chatham, Illinois

The Emerald Isle

by Amy Maguire



Hi New Moon readers!



My name is Amy Maguire, and I am 13 years old. I live in a town called Enniskillen in Northern Ireland. Enniskillen is an island town in County Fermanagh (pronounced fur MAN ah), with six bridges leading on and off the island.

I live with my mum, dad, and sister, Jane, who's 11. My dad is a policeman. Because of civil unrest in our country, policing in Northern Ireland was very dangerous up until about 1995, and many police officers died because of the violence. Dad was one of the lucky ones. My mum is a social worker, and she works with families in preventing child abuse. I'm proud of my mum because she went back to university in 1996 to get her master's degree in social work.

There are four primary schools, four grammar schools, and four secondary schools in Enniskillen.

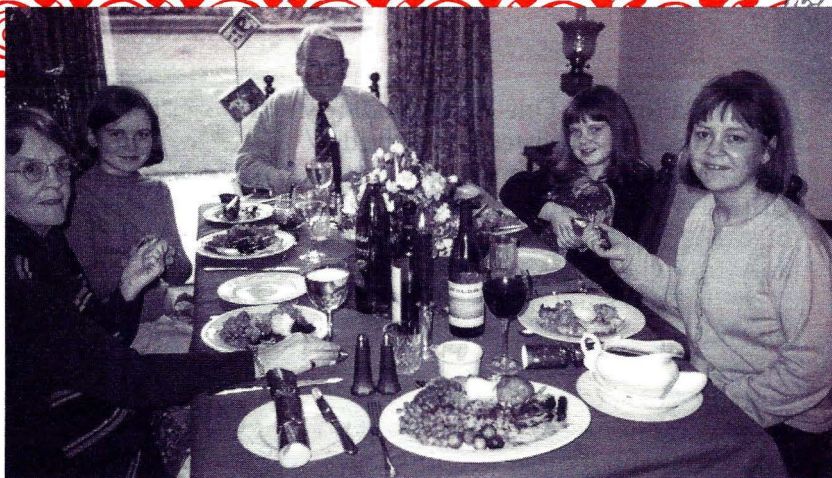
There are so many because schools here are divided between Protestant and Roman Catholic pupils, although increasingly, they are becoming more mixed. I go to an all-girls' school and wear a uniform. My uniform is a bottle green blazer, sweater, skirt, red shirt, and red and green tie.

In school, I study music, P.E., art, home economics, religious education, history, geography, chemistry, physics, biology, French, German, English, math, and technology. After school, I do hockey,

My house



Christmas Dinner
1999. From left to
right are Nana, me,
Granda, Jane, and
Mum.



tennis, choir, and Young Farmers, which actually has nothing to do with farming! We do activities like cooking and role-playing. I also take piano lessons on Thursdays after school.

My hobbies are golf and swimming. My sister and I belong to the Girls' Brigade, which is like Brownies but more church-based. We like to go to the cinema, too, and in the summer months we go out on our family's boat a lot.

On a normal day, I get up around 7:30 a.m. Before I go to school, I walk my lively West Highland White Terrier, Bonnie. After school, I walk her again. In the summer sometimes, when Mum and Dad come home from work and Jane and I

have done our homework, we pack a barbecue or picnic tea and take it out with us on the boat.

In Fermanagh, we have rain most days of the year. The land is quite wet because of the lake and rain. We can't really grow crops, so most foods are imported, which makes them expensive.

Cattle and sheep farming are our main industries. Another main industry is tourism. Many people come here for boating, fishing, and watersport holidays.



Enniskillen Castle, built in the 15th century.
Now, it's Fermanagh's main museum.

In Ireland, our staple food is potatoes. We have them with nearly every main meal. We have many traditional recipes which include potatoes, such as Irish Stew, Potato Bread, Fadge (soda bread), and Boxty (potato pancakes), which we

eat on Halloween. One of our traditional meals is an Ulster Fry, named after one of Ireland's provinces. An Ulster Fry is a completely fried meal of sausages, bacon, eggs, potato bread, and Irish wheat bread.

Religion doesn't affect my life as much as you'd think, even though my mum, sister, and I are Protestant, and my dad is Catholic. I live in a small community, where people don't care much about other people's religion or politics. I personally don't care about the conflict—I just don't want any violence over it. My dream is to have peace in Northern Ireland.

When I am older, I want to be a pharmacist. I'll probably go to university in England or Scotland, so I'll have to leave Fermanagh for awhile. I'd like to live in a big city, but I think I'll always come back home. I love living in Fermanagh. It's the best!!!!



Me, Dad, Jane, and Mum at a Millennium Party
(December 31, 1999).

What's the Problem in Northern Ireland?

For centuries, England's Protestants tried to gain control over mostly-Catholic Ireland. By the 1800s, Protestants had pretty much won. Eventually, Catholics all over Ireland began to fight back and demand their own government, away from the control of England. In the early part of the 20th century, Ireland split into two parts: British-controlled Northern Ireland, and the independent Republic of Ireland, which is the southern, larger part of the island.

But Catholics and Protestants in Northern Ireland did not live in peace with each other. Catholics didn't have the same rights as Protestants and wanted to join the Republic of Ireland. From 1940-1960, Catholics fought and demonstrated for equal rights. Eventually, tension grew, and violence followed with much death and destruction for both parties.

Although tension between Catholics and Protestants continues, peace is closer today than ever before. In the April 1998 "Good Friday Agreement," the two sides talked about how to dispose of weapons on each side, but no decision was reached. Hopefully, 2000 will bring a solution that everyone can live with.

Considering Customs

NAME: Northern Ireland. The country is part of the United Kingdom of Great Britain and Northern Ireland.

COUNTRY SIZE: 5,452 square miles—about the size of Connecticut

POPULATION: 1.7 million people

RELIGION: Protestants are the majority, followed closely by Roman Catholics.

LANGUAGE: English. Irish Gaelic is also used.

WEATHER: Mild seasons and lots of rain keep Ireland's hills green. The green fields are why Ireland is called "The Emerald Isle."

MONEY: Pound Sterling. An issue of New Moon would cost £3.48 (pounds).

GOVERNMENT: Northern Ireland has its own assembly, which makes some decisions, but is under the power of the British government, too. Of 108 assembly members, 14 are women.

HOLIDAYS: On Saint Patrick's Day (March 17), people celebrate with carnivals, costumes, and parades to mark the death of the patron saint of Ireland. He is supposedly buried in the town of Downpatrick.

COOL WILDLIFE: A freshwater whitefish, called pollan, unique to Northern Ireland, lives in lakes and rivers.

WOMEN & GIRLS' STATUS: Feminists in Northern Ireland have gained a lot of ground in government and society, although men are still seen as the "breadwinners" and hold the highest-paying jobs.

CULTURE: Several original Celtic stories about strong women come from Ulster, the original area of Northern Ireland. Two of Amy Maguire's favorite Irish bands are The Corrs and B*Witched.



This Spud's For You!

For a taste of Irish homecooking, try this recipe. Remember to ask for permission before working in the kitchen.

Irish Potato Bread

1/2 lb. (225 g) cooked potatoes
1 oz. (28 g) melted butter or margarine
1/2 tsp. salt
approx. 2 oz. (55 g) flour

Mash the potatoes when they are still hot. Add the salt and melted butter, then work in enough flour to make a pliable paste. Roll it with a rolling pin into a large circular pancake about 1/4 inch (2/3 cm) thick. Cut into six or eight biscuits with a cutter and bake in a hot, greased pan until well browned on both sides. These are eaten with an Ulster Fry or toasted and eaten on their own, hot or cold.

How Aggravating!

How Aggravating!
is a place where
we voice our
opinions about
what's unfair to
girls and women.

**What makes you
mad? What drives
you crazy? What's
unfair in your
life?**

**Send letters to
How Aggravating!,
New Moon, P.O.
Box 3620, Duluth,
MN 55803, or
e-mail us at
girl@newmoon.org
Remember to
include your
whole name, age,
and whole street
address!**

It was not fair that I got a trophy with a boy on it for Rookie Basketball. There were four girls and six boys on my team. It's easy to make girl trophies. It makes me mad because girls play basketball, too!

Hannah, 7 • Walnut Creek, California

A boy from my school was telling my friend and me that we're ugly and that we should try to look like the popular girls. He said that they will be models and we will be left in the dust. He gets me so mad because I know I'm pretty in my own way!

**Ariel, 11 • Port
Washington, New York**

At my school's talent show, a girl named Emily got onstage to do karate. The boy next to me started to laugh and said girls couldn't do karate. I felt really bad. I believe anyone can do anything if they put their mind to it!

Abby, 8 • Chelsea, Michigan

Once, my brother got a pair of shoes that were sparkly blue. He wore them to school. Some kids laughed at him and asked him why he was wearing "girls' shoes." He didn't wear them again. Why can't people wear what they want without being teased? How aggravating!

Sarah, 10 • Shawano, Wisconsin

For my birthday, my grandpa sent me a set of books about famous people in history. There were 15 books, and only two were about women!

Brianna, 10 • St. Louis Park, Minnesota



Howling at the Moon

Every year Hampshire College sponsors a "Girls Day in the Lab" for girls in 6th through 8th grades. It's great because you meet women scientists and philosophers and do hands-on stuff like dissection—my favorite!

Karen, 14 • Leverett, Massachusetts

I asked four boys to play basketball with me. Three of the boys didn't want me to play. They kept calling me names. My friend Vinny made a deal that the two of us would play against the three of them. It turned out that even with them cheating, we still won 27 to 16. Oh yeah!

Laura, 10 • Asbury, New Jersey

I saved my money for more than three months so I could buy a mini-disc player. But then I saw the movie *City of Joy* about life in a Calcutta slum. I knew I couldn't spend my money on a CD player. Instead, I donated my money to UNICEF. I howl my thanks to the moon for giving me that bit of insight and wisdom.

Molly • Jena, Germany

I go to acting class. It allows me to express how I am, and I feel good about it. There are girls and boys my age who have the same dream as I do—to be an actor! During the last week of acting class, we each pick two people to make a play with us. This is good for me because I make new friends, and I'm making my dream come true!

Suzanne, 10 • Miami, Florida

Hey Letter-Writing Ladies! Wanna increase your chances of getting published in New Moon? Write to "Howling at the Moon." Sometimes we publish all the ones we receive. Help us make this department great by sending in your letters.

Howl out your moments of empowerment and sing about the good things in your life! How do you make life better for girls? Whom do you know who creates equality for girls? What do you see that is already fair? Send your letter to Howling at the Moon, New Moon, P.O. Box 3620, Duluth, MN 55803, or e-mail us at girl@newmoon.org Remember to include your whole name, age, and whole street address.

The Candy Woman Can

by Sara Francis Fujimura



WANTED: A hard worker, good in science, to eat candy every day and get covered in marshmallow.



On a typical day, I get really gooey and covered in marshmallow.

Is this a new Nickelodeon game show? No, it's only a small part of food scientist Michelle Frame's job description.

"I am Willy Wonka," says Michelle, gesturing to the piles of bagged candy littering her desk. "And no one yells at me when I play with my food."

Michelle invents candy for a living for Just Born, Inc.—best known for its Marshmallow Peeps and Bunnies™. Her specialties: jelly beans and marshmallow creations.

Although she has always liked food, Michelle found science boring. Even in college, Michelle didn't enjoy the required basic chemistry classes, but she pushed herself on anyway. Later, when she began to see how chemistry related to her love of food, it became more interesting to her.

Michelle says the most important subject in school for future food scientists is math.

"I use math, specifically algebra, every day," she said. "Sometimes pages and pages of it!"

For example, she frequently converts recipes from pounds to kilograms to meet other countries' imported food laws.

Food Science is a rapidly growing field as more people are looking for pre-made and frozen meals at the grocery store. Food companies need more food scientists to develop new foods and expand the current selection.

Now it's your turn to be a food scientist like Michelle Frame. Make a batch of marshmallow bunnies to share with your family and friends. But first, use the key to convert the ingredients from metric to U.S. measurements. Remember to ask an adult for help when working in the kitchen.

Homemade Marshmallow Bunnies

INGREDIENTS:

_____ = 75 ml water

1 envelope unflavored gelatin

_____ = 1.5 dl granulated sugar

_____ = 1.25 dl light corn syrup

pinch of salt

_____ = 5 ml vanilla extract

_____ = 60 ml corn starch

_____ = 75 ml fine, colored, crystal sugar

small bunny cookie cutter (or different shape)

KEY:

2/3 cup = 1.5 deciliters (dl)

1/2 cup = 1.25 dl

1/3 cup = 75 milliliters (ml)

1/4 cup = 60 ml

1 tsp. = 5 ml

How to Make 'Em

Pour water into a small saucepan. Sprinkle gelatin over water and let soak for 5 minutes. Add granulated sugar. Stir and cook over low heat until the gelatin and sugar dissolve.

In a large mixing bowl, combine gelatin mixture with corn syrup, salt, and vanilla. Beat for 15 minutes on high speed until soft peaks form.

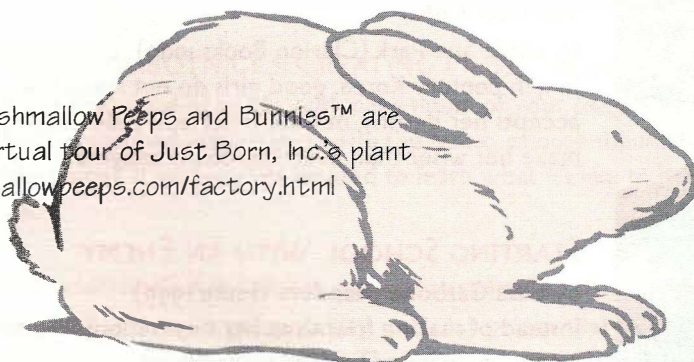
In a separate bowl, gently stir together cornstarch and crystal sugar. Lightly grease an 8" x 8" baking pan, and sprinkle 1 Tbs. corn starch mixture into it. Tilt pan in all directions to coat sides and bottom.

Spread marshmallow mixture into pan, smoothing down the top. Let stand 2 hours.

With a wet knife, cut marshmallow mixture into quarters. Sprinkle remaining cornstarch mixture on a baking sheet. Put marshmallow blocks onto it. Using a wet cookie cutter, cut out marshmallow bunnies. Press both sides and edges of bunny into cornstarch mixture.

Allow marshmallows to dry, uncovered, overnight. Store in an airtight container.

To see how Marshmallow Peeps and Bunnies™ are made, take a virtual tour of Just Born, Inc.'s plant at www.marshmallowpeeps.com/factory.html



MEASUREMENTS ANSWERS

1/3 cup water

1 envelope unflavored gelatin

2/3 cup granulated sugar

1/2 cup light corn syrup

pinch of salt

1 teaspoon vanilla extract

1/4 cup corn starch

1/3 cup colored sugar

Sara Francis Fujimura lives in New Jersey. She is a full-time mother and a part-time dance teacher and writer.

CHECK IT OUT

Dear Readers: Here are some books and websites that'll boost your learning curve. Love, Luna.

fiction

THE RAGING QUIET

by Sheryl Jordan (Simon & Schuster 1999)

Sixteen-year-old Marnie befriends the local madman, Raven. But Raven isn't crazy; he's deaf. Marnie creates a hand gesture system to communicate with him.

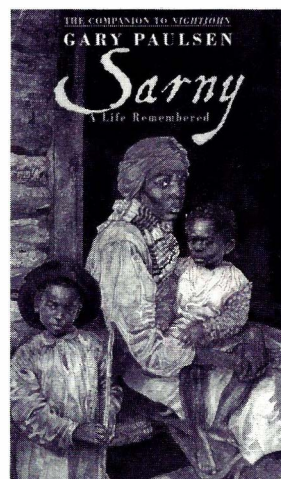
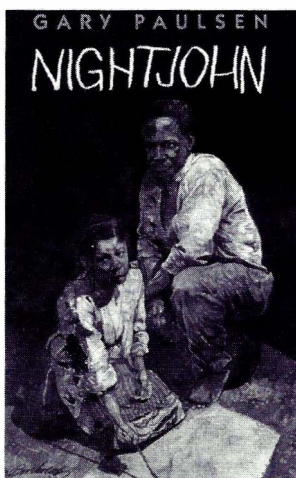
NIGHTJOHN

(Bantam Doubleday Dell Books for Young Readers 1993) and

SARNY

(Delacorte Press 1997) by Gary Paulsen

Sarny, a 12-year-old slave, meets Nightjohn when he is brought to the plantation, badly beaten. He teaches other slaves, including Sarny, to read. In the sequel, Sarny is all grown-up and free, searching for her sold-away children. Sarny is led to the home of Miss Laura in New Orleans, where she passes on Nightjohn's gift to new generations.



SEESAW GIRL

by Linda Sue Park (Clarion Books 1999)

In 17th-century Korea, good girls do not leave home. Jade Blossom accepts her destiny, but she is curious! Jade's attempts to learn more make her wiser than even she could imagine.

STARTING SCHOOL WITH AN ENEMY

by Elisa Carbone (Random House 1999)

Instead of making friends at her new school, 10-year-old Sarah makes an enemy who tries everything to ruin Sarah's life.

non-fiction

THROUGH MY EYES

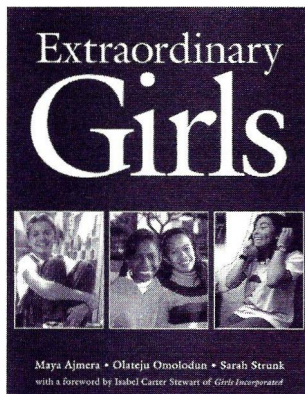
by Ruby Bridges (Scholastic 1999)

On November 14, 1960, a 6-year-old Black girl walked through a mob of screaming people and into her school. Because the parents of Ruby's classmates didn't want their kids to go to school with a Black child, Ruby was the only student in her classroom for a whole year. But her wonderful teacher taught her to read and add.

GIRLS: A HISTORY OF GROWING UP FEMALE IN AMERICA

by Penny Colman (Scholastic 2000)

The history of being an American girl, told by girls themselves. Wonderful accounts of girls' lives, taken from actual diaries and including photos of the diarists, make this book hard to put down!



book review

EXTRAORDINARY GIRLS

by Maya Ajmera, Olateju Omolodun, and Sarah Strunk
(Charlesbridge Publishing 1999)

Reviewed by Rachel Johnson, 10, Girls Editorial Board member

Extraordinary Girls is about culture, heritage, and perspectives. You not only learn more about people and things around you but also about girls around the world who are fulfilling their dreams. The only thing I don't like is the book's lack of depth in its details about girls around the world.

Also, it seemed like the authors were telling girls what and who they are. Even so, you can learn more about yourself, so sit down and read the book.

websites

MORTON SUBOTNICK'S CREATING MUSIC www.creatingmusic.com

Explore the world of music, and make music of your own! This interactive site features a music sketchpad, where you write the music, choose the instruments, and play your masterpieces. If you've ever wanted to learn what it's like to be a composer, this is the place.

THE LEARNING KINGDOM www.learningkingdom.com

Learn a word a day, a person a day, and play games that test how much you know about animals and the number 11! The games are interactive and fun. Do you know what a group of whales is called? Or what a brood is?

What's the Earth Worth?

by Eréndira Cerrillo

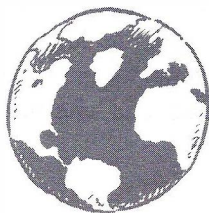
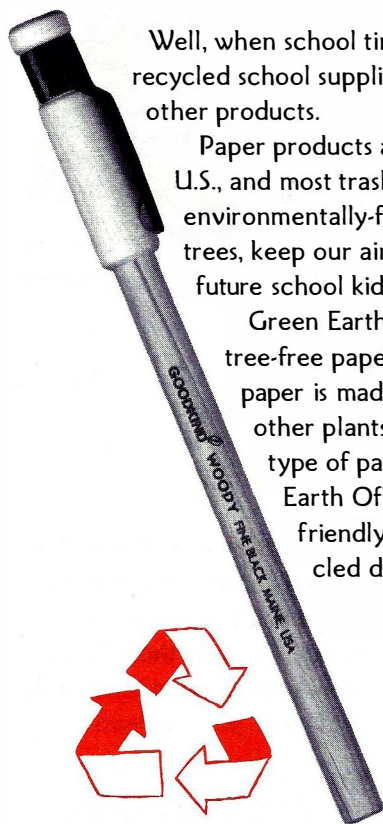
What can we girls do to help save the earth?

Well, when school time rolls around each year, we can buy recycled school supplies like paper, notebooks, binders, and other products.

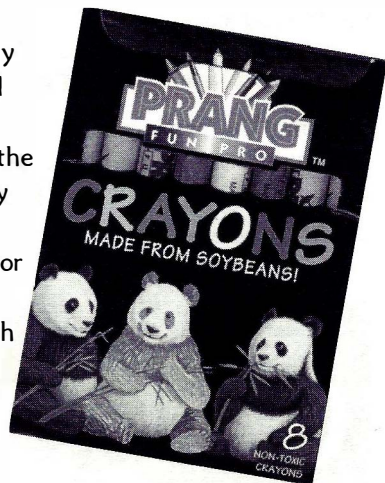
Paper products are the most commonly used item in the U.S., and most trash is paper trash. If we recycle and buy environmentally-friendly products, we can help save trees, keep our air clean, and save valuable resources for future school kids.

Green Earth Office Supply, for example, sells both tree-free paper and recycled paper. Tree-free paper is made out of cotton, hemp, straw, or other plants. Recycled paper is made out of any type of paper that's already been used. Green

Earth Office Supply carries lots of other recycled and earth-friendly products. One cool thing they carry is pencils made out of recycled denim. Some companies that carry earth-friendly supplies are:



Every year, you can do your part to save the environment by shopping at earth-friendly websites or stores. You should be aware, though, that recycled products are usually more expensive than non-recycled ones. I guess the question is, "What's the earth worth?" The answer is up to you!



Green Earth Office Supply

P.O. Box 719, Redwood Estates, CA 95044-0719
(800) 327-8449
www.greenearthofficesupply.com

Mama's Earth: The Environmental General Store

87 Railroad Street, Great Barrington, MA 01230
(413) 644-8996
www.mamasearth.com/store.htm

Greenline Paper Company

631 South Pine Street, York, PA 17403
(800) 641-1117
www.greenlinepaper.com

Real Earth Environmental Company

P.O. Box 728, Malibu, CA 90265
(800) 987-3326
www.treeco.com

Welcome to the White House, **Ms. President!**

Can girls really be anything
they want to be?

Do you know how many women have been president of the United States? None, up to now. But that doesn't mean that a woman won't be elected soon. To run for president, there are only two rules. First, the candidate has to have been born in the United States. Second, she has to be at least 35 years old. The first woman president could be you.

Why not? When you turn the page, you'll discover that girls can grow up to be anything they want to be. So set your sights high! One day, Americans may say to you, "Welcome to the White House, Ms. President!"

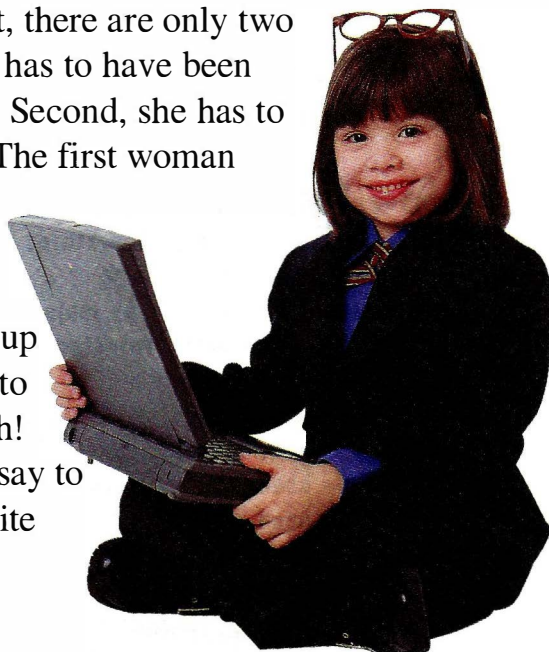


Photo: Janette Beckman

BROUGHT TO YOU BY
The White House Project Education Fund
Sponsored in part by **BellSouth Corporation**

You go, girl!

Can a girl really grow up to be president? To answer that question, first think about this:

Do girls ever do “boyish” things? Do boys ever do “girlish” things? You bet! Some girls play with trucks. Some boys have dolls.

When girls and boys grow up, what then? Can men have jobs that women mostly used to do? And can women have jobs that mostly men used to do? Sure! You may know (or have heard of) a man who is a nurse or kindergarten teacher. Maybe a friend’s dad stays at home to care for young children while Mom works outside the home.

Or you may know a female fire chief, surgeon, or lawyer. That’s

because there aren’t jobs that are *just* for men or *just* for women. More and more, women and men can be anything they want to be.

So what about people who think that a certain job is just for a man or just for a woman? These people have a *stereotype* in mind. A stereotype is a generalization about an entire group of people. It can be either positive or negative. For example, if you believe that all tall people make great basketball players, you are stereotyping them. If you think that boys can’t sew, then you have another stereotype in mind. Can you think of other stereotypes? Do these stereotypes have anything to do with jobs?

Are You PRESIDENTIAL MATERIAL?

- ★ **All** presidents of the United States have been men.
- ★ **All** have been white.
- ★ **All** have been nominated by major parties.
- ★ **All** but one have been Protestants.
- ★ **All** but one have been married.
- ★ **Only one** has been divorced.
- ★ **Most** have gone to college.
- ★ **Most** have been U.S. senators or state governors.
- ★ **Most** have been lawyers.
- ★ **Few** have been bald.
- ★ **Usually** in a presidential race, the candidate who is taller has won.

Will the next president be different? She just MIGHT be!

Indira Gandhi, former prime minister of India, was the first woman ever elected to lead a democracy.



Meet Ms. President

If a citizen runs for president, what should she be like? What qualities should she have? Make a list. Ask yourself: Do **you** have any of these qualities? Do any of these qualities describe only a man or only a woman? Or can they describe both?

Now that you've thought about what it takes to run for the highest office in the land, check out the box called "Are You Presidential Material?" at left. It lists some of the qualities that U.S. presidents have shared. Like what? A few have been bald and most went to college. Compare these qualities to the ones on your list. Do any overlap? Which qualities are most important? Which ones don't matter? Why do you think all of our presidents have been white men?

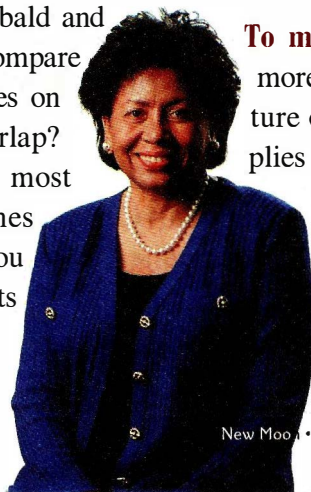
The dream candidate

You've just thought about the qualities that a woman running for president should have. Now have fun with your ideas! Create a make-believe female candidate. Or get together with a friend, and create a bunch of candidates. Maybe the candidate is someone you dream up. Or maybe she is just like you or like one of your friends.

To help you make a profile for your candidate, answer these questions. ✕ **Where** is your candidate from? ✕ Where does she **live** now? ✕ What is her **educational** background? ✕ **Does she** belong to a political party? ✕ What is her **profession**? ✕ What other **jobs** has she had? ✕ What are her **interests** and hobbies? ✕ What **issues** does she think are important? ✕ What else would **voters** want to know about her?

To make your candidate more real, create a picture of her using art supplies or photos. Or put together a collage that shows off her qualities.

Ruth Simmons, president of Smith College



Hit the campaign trail!

How would you campaign for the female presidential candidate you have just imagined? What qualities would you tell voters about? What if damaging news about your candidate came to light? What would you do? To help your candidate get elected, create a slogan for her. Then make a campaign poster.

Next write a campaign speech for your presidential candidate and act it out for friends. You may even want to set up an imaginary campaign headquarters. If you and your friends have created several candidates, hold an election by secret ballot.

May the best woman win!

Year of the woman

The year 1992 was named “The Year of the Woman” because more women were elected to Congress than ever before. One of them was Carol Moseley-Braun, the first African American woman elected to the U.S. Senate.

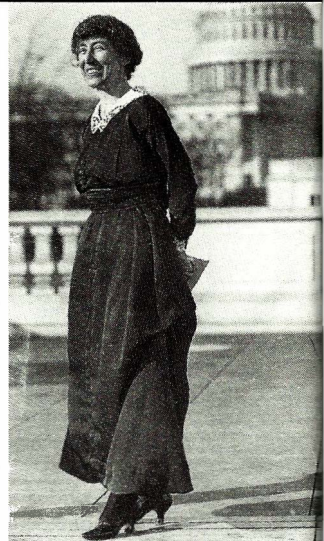
Yet, when women first arrived in the capital in the early 70’s, you won’t believe what happened. When they walked

into their own offices, the new congresswomen often heard, “Hey, you can’t go in there!” Why? People were not used to seeing women in Congress, so they thought they didn’t belong there. When two of the new congresswomen went to work, one of the men who already served in Congress said to them in front of other people, “It sure is nice to have you ladies here. It spiffs the place up.”

Take a walk in the congresswomen’s shoes. Suppose someone told you that, because of your gender, you didn’t belong at school or were only there to “spiff up” the place. What might you say and do? Role-play with friends how you would react.

Get out the vote

Women didn’t always have the right to vote. (They didn’t get it until 1920.) If they couldn’t even vote, they didn’t stand much of a chance of running for office. But more than 150 years ago, women spoke



In 1917, Jeanette Rankin of Montana becomes the first woman elected to Congress. This was before women had the right to vote in the rest of the country!

out for these and other rights. Here's what happened: **Elizabeth Cady Stanton** and **Lucretia Mott** were working to end slavery. At an anti-slavery convention, they became outraged when female delegates (including Mott) were not allowed to speak. A few years later, in 1848, they and three other women organized a gathering to discuss "the social, civil, and religious rights of women." This historic convention was held at Seneca Falls, New York. Three hundred people, including 40 men, attended. During the convention, Elizabeth Cady Stanton read the *Declaration of Sentiments*, a document she and some of the other women had prepared. Here's a part of it:

"We hold these truths to be self-evident: that all men and women are created equal; that they are endowed by their Creator with certain inalienable rights."



Secretary of State Madeleine Albright is the highest-ranking woman in U.S. government history.

Does this paragraph ring a bell? It's almost identical to one in the Declaration of Independence.

Only **two words** are different. Which ones? (*The words "and women" are not found in the Declaration of Independence*).

Women leaders

Why do you think we still don't see more women as leaders of our communities, or even of our country? Perhaps it's because women's achievements have been all but left out of history books. Now's your chance to learn all about *herstory*. That's *history*, that focuses on the great things women have done. To learn more about *her-story*, check out the books listed on the next page. Then log on to the Web sites. Also, be sure to think about the women in your community who should be written up in *herstory* books. Maybe you've done something that should get the spotlight. Are you a leader? Have you achieved things you're proud of? What issues do you think are important to women leaders?

You may want to show all you've learned by creating a Women's *Herstory* Museum, a Women's Wall of Fame, or even a short encyclopedia. Invite your friends to see what you've done!

MILESTONES FOR WOMEN

1595

Pocahontas, a Native American princess, was probably born in this year. She helped the Jamestown settlers get used to their new land.

1848

Women call for equal rights at the historic Seneca Falls Convention.

1872

Victoria Woodhull is the first woman to run for president of the United States.

1890s-1920s

Bloomer Girls professional baseball teams challenge men's teams. Later, during World War II, women again form a pro league.

1920

The 19th Amendment is ratified, giving women the right to vote in all national and state elections.

1933

Frances Perkins becomes the first female Cabinet secretary.

1948

Margaret Chase Smith is the first woman elected to the U.S. Senate.

1968

Shirley Chisholm of New York is the first black woman elected to the House of Representatives.

1972

U.S. Representative Patsy Mink runs in the Oregon primary for the Democratic presidential nomination.

1973

Tennis star Billie Jean King defeats champ Bobby Riggs in a televised "Battle of the Sexes" match.

1981

Sandra Day O'Connor becomes the first female justice on the United States Supreme Court.

1984

Geraldine Ferraro is the first woman to run for vice-president on a major party ticket.

1985

Wilma Mankiller becomes the first female chief of a Native American tribe, the Cherokee.

1996

The Women's National Basketball Association, a professional league, is formed.

1997

Madeleine Albright is appointed as the first female Secretary of State.

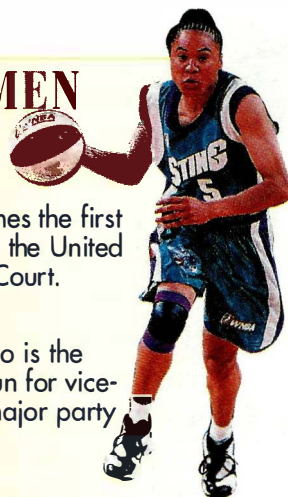
1999

U.S. women's soccer team captures its second World Cup.

Eileen Collins is the first woman to command the space shuttle.

2000 and ?

First woman president elected in the United States.



Dawn Staley of the Charlotte Sting

DID YOU KNOW?

- ✓ **76 percent of Americans now say they're prepared to elect a woman as president.**
- ✓ **During the 20th century, more than 40 women served as presidents or prime ministers of their countries.**

MEET A TRAILBLAZER!

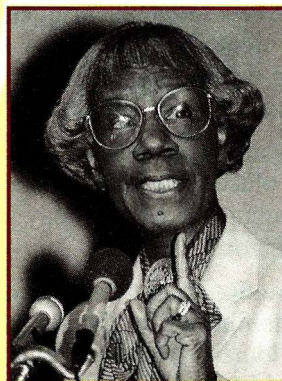
In 1968, Shirley Chisholm was the first black woman elected to Congress. She then made a ground-breaking run for the presidency in the 1972 primary elections. Ms. Chisholm started out as an educator. She entered politics because she was angry at how unfairly women, children, and African Americans were treated. Here's what she has to say to you.

FIND A ROLE MODEL

I had three female role models. I met first lady Eleanor Roosevelt when I was 15 years old and had won a speech contest. She said to me, "You are black and you are going to be a woman. Do not let your race or your gender stop you from achieving all that you can achieve." Another role model for me was the Underground Railroad leader Harriet Tubman. As a child, I read all I could about her. And there was my maternal grandmother, who gave me principles and beliefs to live by.

WHY ISN'T A WOMAN PRESIDENT?

After I went to Congress, a student asked me why all our presidents had been white men. I knew why, but the reasons weren't good ones. So I decided to run. I campaigned in 32 states. People looked at me so funny. I suffered disappointment, disillusionment, racism, and discrimination because of my gender. My faith and self-confidence kept me going. Both of these qualities are more important for children to have than ever. Children must be encouraged to speak out, especially if they're shy. Don't be afraid to be outspoken.



Shirley Chisholm

TAKE ACTION!

- ✓ **Write a letter to the editor of your local paper that focuses on the political issues you think are important. Send the same letter to your elected officials.**
- ✓ **Watch C-SPAN on television to see congresswomen in action.**
- ✓ **Get involved in a campaign for a local, state, or national office. You'll see how much your help is appreciated. And you'll learn lots about the election process.**
- ✓ **Follow the presidential campaigns. Who would you vote for?**

What issues, like violence on television or school uniforms, are important to you?

Photo: © UPI/Corbis-Bettmann

TO FIND OUT MORE, EXPLORE!

WOMEN ON THE WEB

www.thewhitehouseproject.org

The creators of this site want to see a woman in the White House within the next decade!

www.newmoon.org The interactive place for girls who are changing the world today and tomorrow.

www.teleport.com/~megaines/women.html The Encyclopedia of Women's History was created by and for kids in grades K-12. Log on and then find out how you can create and submit your own entries.

www.nwhp.org National Women's History Project site is packed with facts about women leaders.

www.worldbook.com/fun/whm/html/whm010.html At the World Book site, find out all about women's suffrage.

www.ipu.org/wmn-e/suffrage.htm At this site, find out about women and the right to vote in countries around the world.

www.rci.rutgers.edu/~cawp This site is sponsored by the Center for the American Woman and Politics.

SOFTWARE

The White House Is Our House (Autodesk Press). Take a virtual tour of the White House! Call (800) 555-2451.

GAME

Hail to the Chief (Aristoplay). Try this board game. Call (800) 634-7738.

BOOKS

The Day Women Got the Vote: A Photo History by George Sullivan (Scholastic, 1994)

Founding Mothers: Women of America in the Revolutionary Era by Linda Grant DePauw (Sandpiper, 1994)

First Ladies: Women Who Called the White House Home by Beatrice Gormley (Scholastic, 1997)

Meet My Grandmother: She's a Supreme Court Justice by Lisa Tucker McElroy and Courtney O'Connor (Millbrook Press, 1999)

Herstory: Women Who Changed the World edited by Ruth Ashby and Deborah Gore (Viking, 1995)

Scholastic Encyclopedia of Women in the United States edited by Sheila Keenan (Scholastic, 1996)

Women In America's Wars by Silvia Ann Schaefer (Enslow, 1996)

Is There a Woman in the House . . . or Senate? by Byrna J. Fireside (Whitman, 1993)

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A project of the Women's Leadership Fund
www.womensleadershipfund.org

BellSouth—Empowering the digital generation
www.bellsouth.com

Based on a lesson plan first published
in Creative Classroom Magazine

Bird's-Eye View

by Maxine Schoefer-Wulf, Ella Schoefer-Wulf, Lazhi Dvorak, and Chandrika Francis



Three years ago, at age 22, Julia Butterfly Hill still didn't know what she wanted to do with her life. She found her calling in the redwood forests of California. When she saw the destruction of the giant trees, Julia decided to help save them from the saws of Maxxam Corporation and Pacific Lumber Company. For two years, Julia lived on a double bed-sized platform atop a 200-foot tall redwood tree she calls "Luna." She came back to the ground on December 18, 1999, having saved the tree and awakened millions of people to the fate of the California redwood forests.

Today, Julia Butterfly Hill is probably the most famous environmental activist in the world. We met with her in San Francisco, where she was promoting her book *The Legacy of Luna: The Story of a Tree, a Woman, and the Struggle to Save the Redwoods*.

Q: What was the hardest thing about staying up in Luna for two years?

When I was tired and I wanted to go somewhere safe and quiet to rest, I couldn't. The weather was hard, too. I got really bad frostbite on my hands and feet, which is very, very painful. Dealing with cold and wind and rain a lot of the time and not being able to go inside and dry off and get warm was difficult.

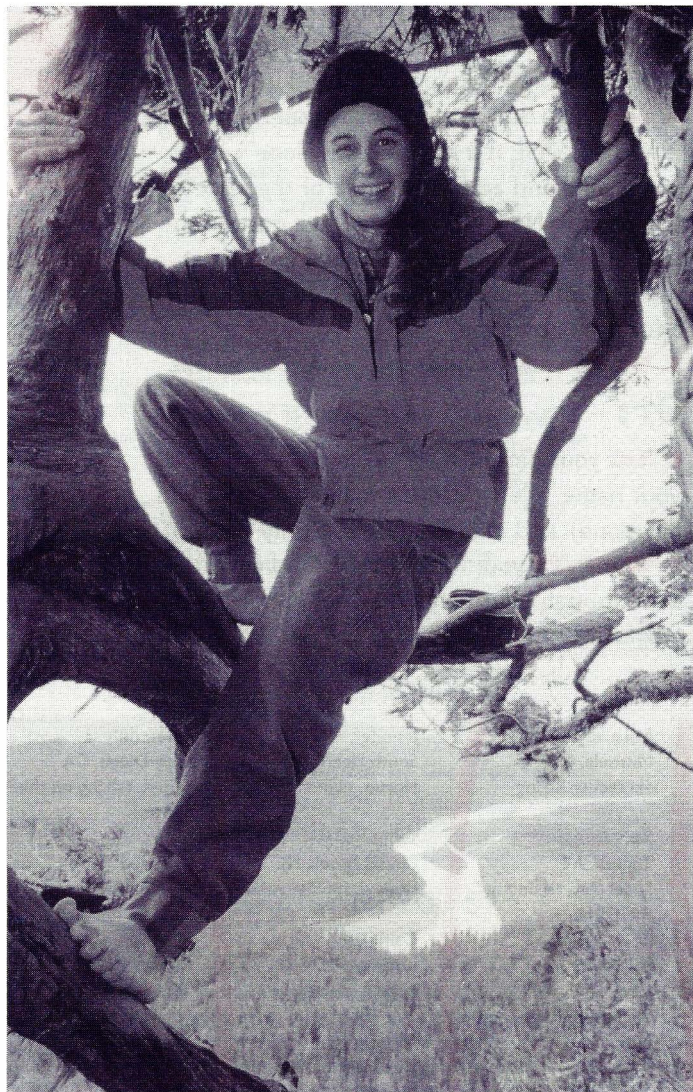


Photo by Shaun Walker/OrtizMedia.com

*Just don't look down! Julia climbs in Luna
—180 feet above the ground!*



*Hangin' with Julia
in San Francisco*

Q: What did you think about when you were scared?

I thought about the tree I was in and about what trees do in the storms. They put their roots down deep into the earth, and that's how they hold on. But the rest of them can bend with the wind. If we don't learn how to deal with being afraid and angry, it's like being a tree that's really rigid. When the wind hits it, it breaks. Big trees break if they don't bend and flow. It's the same with you and me.

Q: Did you like it better when you were alone or when people stayed with you in the tree?

After awhile, I liked it better when I was alone because I lived on such a tiny platform. When another person was there, it was hard to get any work done. And I was working really, really, really hard in the tree. I wrote 100 letters a week by hand. I spent about six to eight hours a day on the phone doing interviews and speaking to groups. I ended up being really busy up there.

Q: What do you think is the most important thing about you?

My hope is that people will get that I'm just another human being who saw something wrong and tried to do something to make it right. And that's something all of us can do, no matter how old we are or where we live.

Q: What advice would you give a girl who's trying to decide what to do with her life?

We all have things that we do well—maybe it's drawing or singing or speaking or acting or math or business. Use those to make the world a better place. Don't buy into the lie that you have to work 9 to 5 every single day because that's the way life is.

Q: What can each of us do to make the world better?

The first thing you can do is start in your daily lives. Find fun and creative ways to take less, to reuse what you already have. If you buy paper, buy recycled paper. When you see someone walking down the street with a paper cup in their hand, encourage them to go buy a mug. I never use a [disposable] cup. If everybody would just do the simple things, it would do so much for our world.

Alphabet Rainbow

by Josie Hailey

Synaesthesia (pronounced sin us THEE shuh) means "joined sensation." It's a medical condition that affects one in 25,000 people, where the triggering of one sense causes another sense to respond. Some scientists think all babies are synaesthetic, but that most people's senses separate as they grow.

found they never change. "E" is always blue. Most words are the color of the first letter, like the word "egg," which is blue. Occasionally, however, the word has its own color. For example, "T" is orange, but "thistle" is greeny blue.

I notice my colors most when I look at colored writing, and the colors are wrong, like if the



I'm synaesthetic because I have "colored letters." When I think of a letter or a word, I see a "blurt" of color in my head.

I'm 10 years old and have known about synaesthesia since I was 7. I told my mum that some words were colors. Mum found out this was called synaesthesia, and other people have it, too. The abstract artist Wassily Kandinsky was a synaesthete. Different people experience synaesthesia in different ways. Some people taste words or hear shapes.

Once we knew what my synaesthesia was, my mum and I kept a list of the colors of letters and

word "thistle" is printed in pink instead of the greeny blue I see in my head. It doesn't bother me, but it does stand out. Once, I called my friend "Orange" instead of her name, Katy, which is an orange word. Sometimes it helps to jog my memory if I've forgotten someone's name, but not their color.

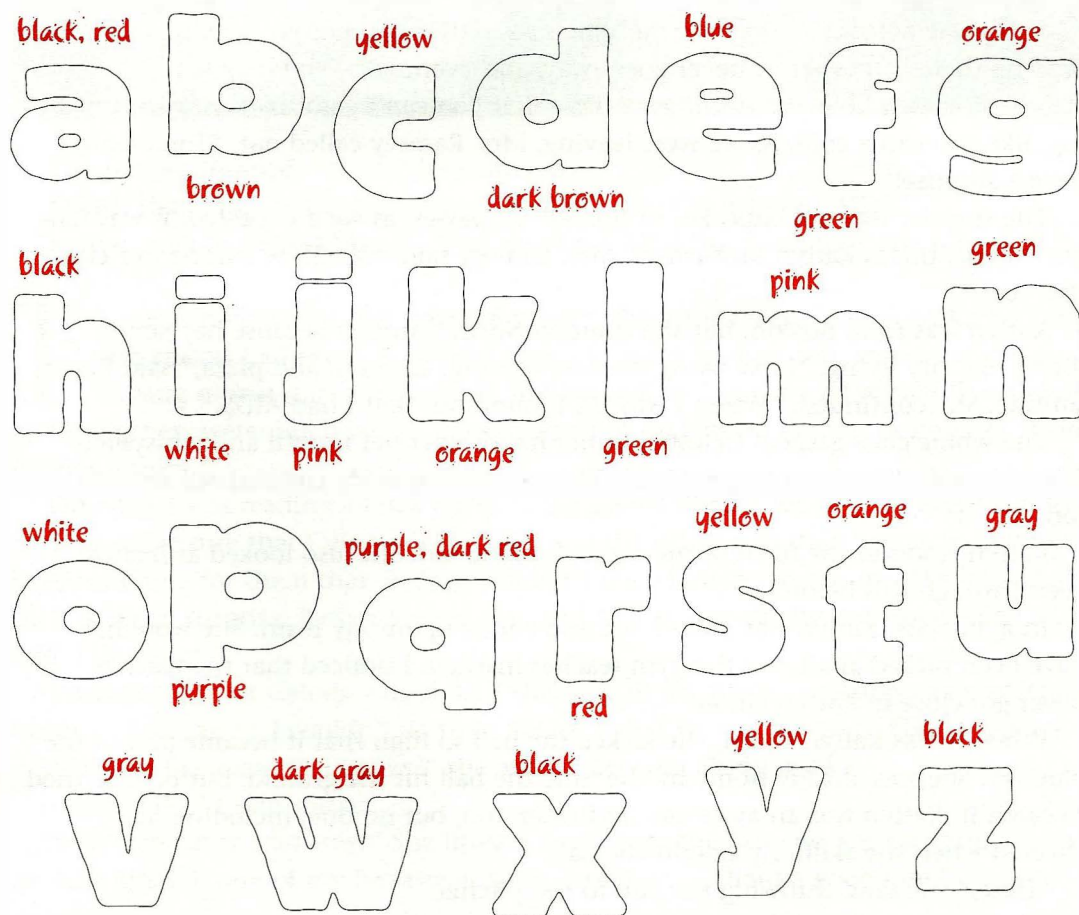
I like some words' colors more than others. "P" is purple, and my favorite words are "P" words, like "pig" and "perfect." "Deep" is a lovely, dark word with a blue sheen. When I write, I like to use my favorite color words. To me, some sentences are a better combination of colors than

others. "The dog walked down the road" is a horrible, dull combination of blue, black, green, and brown. "The princess rode her horse," on the other hand, is a beautiful combination of pink, purple, red, orange, and yellow. If I write a good-colored sentence, the story sounds better to me.

One Monday, my mum introduced me to a woman named Ros, who also has synaesthesia. We told each other our colors for the word Monday. She was the first synaesthete I had met. It was fun, and we understood each other. I would love to know other kids who have synaesthesia. So far, I only know one.

My mum thinks it's great to be synaesthetic, and she is jealous of me. When I tell most people about it, however, they look blankly at me, think that I'm weird, or believe I'm making it up. But some people do think I'm lucky. It doesn't affect my schoolwork or my ability to communicate. A woman artist is going to help me paint my synaesthetic colors. I'm pleased someone would enjoy seeing the colors of my words. Most of the synaesthetes I've met tend to be creative people, like artists or musicians, and they use their synaesthesia in their work. Synaesthesia is not a disability; it is more of a gift because I get to experience the world in a different way.

Color the alphabet to see what Josie sees!



CONTAGIOUS KATLYN

BY HANA BIELIAUSKAS • ILLUSTRATIONS BY HEATHER MITCHELL

My school was segregated. Not racially, as you might think—it was something else. My parents taught me never to dislike someone just because she was different, but I pushed it to the back of my mind. I bought brand-name clothes and knew the gossip about movie stars. But it was hard—I wore myself out working to get the clothes I needed to stay popular. If it hadn't been for Katlyn, the real me might never have surfaced.

.....

I met Katlyn in science class. Mrs. Ramsey had been discussing viruses and diseases the day before. "Unlike the flu," she said, "AIDS will not go away in a few days. Because there is no cure, it never goes away, and eventually, you die."

She discussed how you could get AIDS—that you can't get it by kissing or touching, like you can a cold. As we were leaving, Mrs. Ramsey called out, "Tomorrow, I have a surprise!"

The surprise was not cupcakes or homework passes, as we'd expected. It was Katlyn. "Class, this is Katlyn McKarthy," Mrs. Ramsey said. "She'll be joining our class this year."

Katlyn was from Boston, but she came to North Carolina because her family didn't like city living. "I like being outside, reading, animals, and pizza," said Katlyn, smiling. She continued, "When I was 10, I found out that I had AIDS."

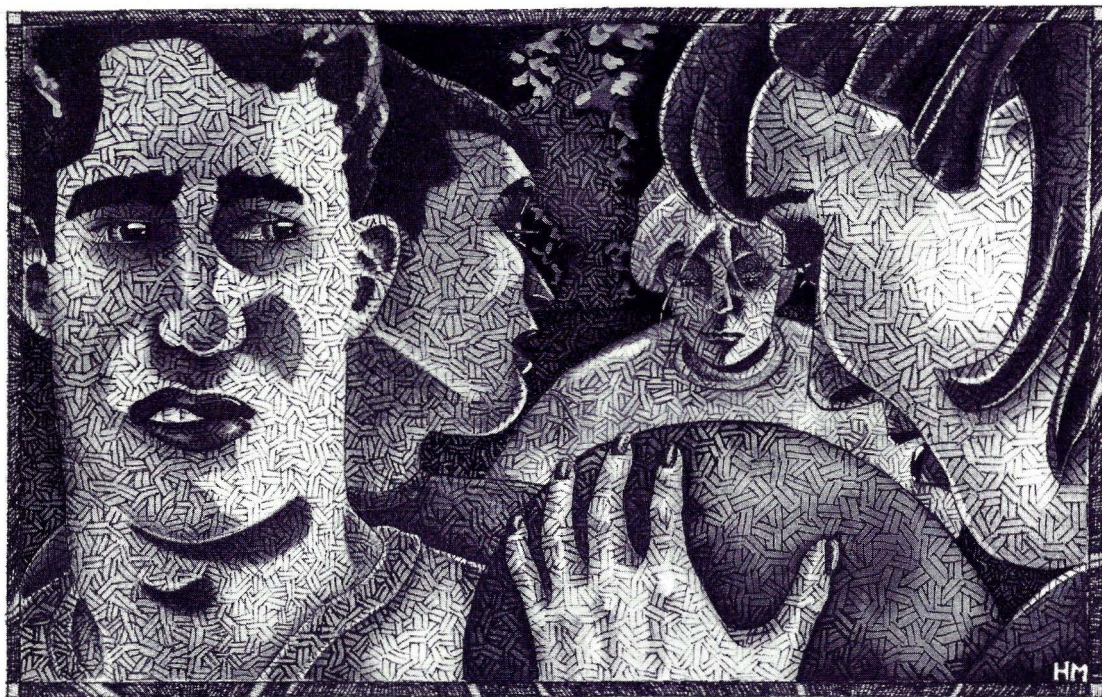
The whole class gasped. Celeste put her hands over her mouth and whispered, "Oh my gosh, I'm going to get AIDS!" The rest of us quickly covered our mouths, too.

Katlyn stood in the front of the room, looking sad. She also looked as if she'd been through this before.

In gym class, Katlyn was picked last and ended up on my team. She wouldn't have been picked at all, but the gym teacher insisted. I noticed that the teacher never got close to Katlyn either.

When it was Katlyn's turn, she kicked the ball so high that it became part of the blue sky. She was already home by the time the ball hit the ground, but no one tried to catch it. Katlyn was an awesome outfielder, too, but no one, including me, cheered when she skillfully caught the ball.

"Here," she said, throwing the ball to the pitcher.



The pitcher jumped. "N-no," he stuttered.

"Wash that ball," ordered Celeste. "We don't want to get your AIDS."

Katlyn tried to defend herself. "You don't get AIDS from touching the same ball."

.....

That was how it went for nearly a month. Even the teachers avoided Katlyn. She was always by herself, reading. I began to want to read, too, instead of discussing movie stars and fashion. But for awhile, I convinced myself that Celeste and the others were much better. I even joined in on teasing Katlyn, calling her "Contagious Katlyn."

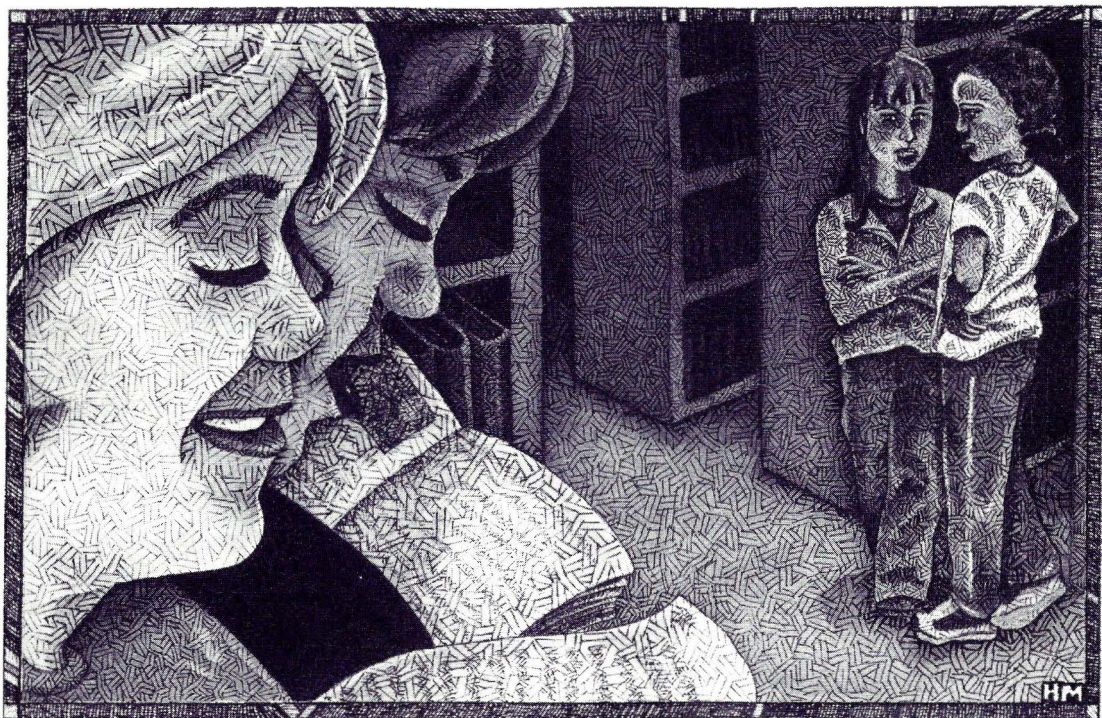
One day, I was reading a book cover at the public library, looking up every few seconds to make sure that Celeste, Stephanie, and the other girls didn't see me. I was so busy watching for them that, at first, I didn't notice Katlyn next to me. We looked at each other in surprise. Katlyn looked pale and sad, as she usually did. She smiled and said, "Hi, Laura."

I wondered what Celeste would do if she were in my place—probably say something mean and run away. I couldn't do that; Katlyn didn't look contagious. "Hi," I replied.

"Do you like historical books?" she asked, glancing at my book.

"Yeah, I do," I said softly.

"Have you ever read this?" She lifted a book from the pile she was carrying. It was by Ann Rinaldi, one of my favorite authors. I nodded. "That's a good one."



Katlyn smiled. "Now I'm even more excited to read it!" Her teeth weren't chipped and black, as Celeste claimed. Katlyn had a nice smile and sparkling green eyes.

We showed our favorite books to each other, and by the time we left, I had a huge pile of books.

I had completely forgotten that Katlyn had AIDS.

* * * * *

Every day for a week, Katlyn and I met at the library. We never planned our meetings at first; we just showed up and read or searched for books together. We showed each other funny sentences in the books, leaning over in the big plush chairs to see what the other was laughing about.

The second week, we began to talk more and help each other with homework. If we finished quickly, we'd get ice cream cones or root beer floats and sometimes feed ducks at the park.

At first, being friends with Katlyn was easy because we didn't talk in school. I had stopped teasing Katlyn, but I still never sat by her when I saw her sitting alone.

One day, Celeste and Tiffany were chatting about a cute singer as we lined up for lunch. "What do you think, Laura?" they asked.

"Huh?" I said, startled. "What were you talking about?"

Tiffany rolled her eyes, and Celeste glared at me.

"You've changed, Laura," she said. "Missy Albers says that she saw you and Contagious Katlyn at the library together! Is that true?"

I gulped and looked at Katlyn, eating alone at her table. "Yes, it's true. Katlyn is my friend."

"Your what?" Celeste played dumb. "Tiff, did she say friend?"

From then on, I was "contagious," too. But I had a real friend—someone who didn't care what brand of clothes I wore.

.....

When Katlyn wasn't at school one day, I was surprised. She had never missed a school day before, and we had plans to feed the ducks.

Then I remembered what Katlyn had told me once. "Laura," she had said, "the scary thing is that I don't know when I'll get sick. The doctor said it could be in a week or 10 years. If I get sick, my immune system will have trouble fighting it. Even a cold could kill me."

.....

I got called into the office before lunch. My mom was on her way to pick me up to take me to see Katlyn in the hospital. My heart broke into a million pieces when I saw her; she was hooked up to several machines.

"The doctor says I have pneumonia," Katlyn said matter of factly.

"I heard." I sat down beside her and laid a hand on her pale arm. Slowly, Katlyn reached her other arm over and took my hand in her bony one.

"I'm not scared." Katlyn looked at me. "Don't be sad, Laura, please."

My voice quivered. "But why you, Katlyn?"

"God has his reasons. Laura, you're the best friend I've ever had," she said, smiling.

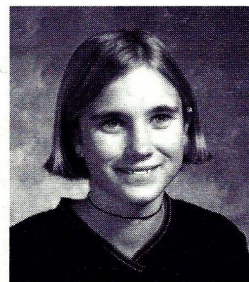
"Same here," I said, tears in my eyes. "Want me to read to you?"

.....

I read from *The Diary of Anne Frank*. Katlyn had read it many times and often repeated certain passages. While reading, I realized that Anne and Katlyn were a lot alike. Both of them were brave in horrible circumstances. I realized I could be like that, too.

". . . and finally I twist my heart round again . . . and keep on trying to find a way of becoming what I would so like to be . . . Yours, Anne."

HANA BIELIAUSKAS, 13, LIVES IN OHIO. SHE DREAMS OF BECOMING A NEWBERY AWARD-WINNING AUTHOR AND OF TRAVELING AROUND THE WORLD. IN THE MEANTIME, SHE ENJOYS HORSEBACK RIDING, WRITING, AND GOING TO THE OCEAN.



PASSION FOR THE PAST

BY DENISE MALONEY PICTOU



The two sisters stood quietly while their mother pronounced their new names. They repeated the names back to check the pronunciation. The family had been on the run for what seemed like a long time, avoiding government officials who wanted to talk to their mother about her activism. Their mother gave the girls strict instructions not to tell anyone anything about themselves, especially their real names. It was the fall of 1972, and even though they were on the run, the girls would be going to school. But they had to be careful . . .

This might sound like a passage out of an adventure story or spy novel. But it isn't. That woman was my mom, Anna Mae Pictou-Aquash, a Mi'kmaq Indian born in 1945 in Nova Scotia. Some people thought she was a troublemaker because of the way she challenged the U.S. government's unfair treatment of Native Americans. But few people know that she was passionate about education. In a time when women, especially native women, did not have the educational opportunities or strong voice that we have today, she was ahead of her time.

Anna Mae grew up in a poor, unstable family but earned good grades when she first started school on the Mi'kmaq reservation. She eventually had to go to school off the reservation, though, and once she did,

her grades began to drop. Constant teasing and racism from classmates caused her so much stress that it was hard to concentrate on her schoolwork. Many of her native classmates did not stay in school very long because they were treated so poorly. But Anna Mae was smart, and she hung on even though she was failing. In the future, Anna Mae would use her many talents and her wits to help improve the lives of Native Americans.

One of the ways she did this was by working with a school called Teaching and Research in Bicultural Education (TRIBE) in Bar Harbor, Maine. The goal of TRIBE was to educate native students who had dropped out of school. The teachers surrounded the students with their own culture and taught them about their past. As a staff member at TRIBE, Anna Mae learned how to teach, organize, and run a school. She taught classes about Indian history, values, and beliefs. She wanted to help students who suffered in school like she had to improve their self-esteem and be proud of their heritage.

Anna Mae also worked with the Red Schoolhouse project in St. Paul, Minnesota. She was passionate about helping create records of fast-fading native languages, songs, stories, and prayers and about compiling a history of Indians as told by Indians.



ANNA MAE PICTOU-AQUASH, 1945-1976
I HAVE A RIGHT TO CONTINUE MY CYCLE
IN THIS UNIVERSE UNDISTURBED.

Through the Red Schoolhouse project, she taught students how to make and preserve records of native cultures. Anna Mae was particularly involved in teaching girls about their heritage. Neither TRIBE nor the Red Schoolhouse is still running, but the idea of teaching people about their own culture is still being used in Native American schools today. Some of Anna Mae's students remember that she helped them discover themselves again.

Our mother taught my sister and me an important lesson in the few years she had with us: knowledge is power. She showed us how important education is because, even when we were hiding from the government, she

still made sure we went to school. Recently, we found a way to honor and preserve our mother's dream. We created the A.N.N.A. Foundation to continue her work of preserving native heritage and educating people who would otherwise not have the opportunity.

One woman who understood the importance of education inspired all of this good work. She died in 1976, working hard to protect Native American rights and honor the past. And through our work, we will always honor our mother, Anna Mae.

Visit the A.N.N.A. Foundation at <http://members.aol.com/ANNAinc/Foundation.html>

Denise Maloney Pictou currently lives in Ontario, Canada, where she is raising her two small children and is one of the executive board members of the A.N.N.A. Foundation.

Blue Heads

JEANNE, CHECK OUT
THIS BOOK NANA BOUGHT
ME ON HER TRIP
TO PARIS!

COUPEZ-LEUR
LA TÊTE!

COOL! WHAT'S
IT CALLED?

WOW!
LET'S READ
IT RIGHT
AWAY.

A WEEK LATER...

REPEAT AFTER ME:
QUELLE HEURE EST-IL?
QUELLE HEURE EST-IL?

OFF WITH THEIR
HEADS! IT'S ABOUT
ALL THE PEOPLE
WHO GOT BEHEADED
IN THE FRENCH
REVOLUTION.

WELL
THEN,
LET'S
JUST LEARN
FRENCH. HOW
HARD CAN IT BE?

THAT
MIGHT BE
A PROBLEM
... IT'S
ALL IN
FRENCH!

BOY, THIS IS HARDER
THAN I THOUGHT.

ONE YEAR LATER...

WHEW! LEARNING FRENCH
WAS HARD, BUT AT LEAST
WE CAN READ ENOUGH
TO FIND OUT WHAT'S IN
THAT BOOK.

YEAH,
LET'S GO
GET IT.

EWW!
WAS THIS
WORTH IT?

GROSS!
REALLY

TIMM-BWOLD • LUKE
FISSEL

sunday

monday

tuesday

wednesday

thursday

friday

saturday

SEPTEMBER

Kanto Earthquake
Memorial Day,
Japan. 57,000
people died in the
1923 disaster. 1

Lydia Kamekeha
Liliuokalani, last
queen of Hawaii,
born, 1838. 2

Joust of the
Saracen
jousting
festival in Italy 3

Animals' Day,
Curaçao
Labor Day, U.S. &
Canada 4

Be Kind to Editors and Writers Month

5

6

7

8

9

10

Scottish poet and
playwright Joanna
Baillie born, 1762.
Wrote popular plays
focusing on one
emotion, which
outraged critics. 11

12



Full Moon

13

14

15

Arctic adventurer
Louise Arner Boyd
born, 1887. Wore
hats and flowers,
fought polar bears
and fires. 16

17

18

19

20

21

22

Manon Rheame
became the first
woman to play in a
National Hockey
League game,
1992. 23

23

24

25

26



New Moon

27

28

29

Mmanthatsi born,
1780. Powerful ruler
of the Tlokwa tribe in
South Africa. Legends
say that she sent
hornets out ahead of
her troops. 30

30

World Vegetarian
Day 1

OCTOBER

1

2

3

4

5

6

7

Yom Kippur begins
at sundown. A
Jewish holy day for
fasting, repentance,
and seeking
forgiveness. 8

9

10

Thanksgiving Day,
Canada

Eleanor Roosevelt,
first lady, writer,
and UN delegate,
born, 1884. 11

11

12

Hag Sameach!
[Happy Holiday!]
It's Sukkot, the
Jewish harvest
festival. 13

Full Moon

13

World
Wrestling
Championships,
California. 14

14

*National Popcorn
Poppin' Month*

15

16

17

18

19

20

21

Melina Mercouri,
first woman in
Greece's senior
cabinet, born, 1922. 18

Grace O'Malley,
Irishwoman who led
rebellions against
the British, born,
1530. 25

25

26



New Moon

27

28

Gertrude Ederle,
first woman to
swim the English
Channel, born,
1906. 22

23

24



29

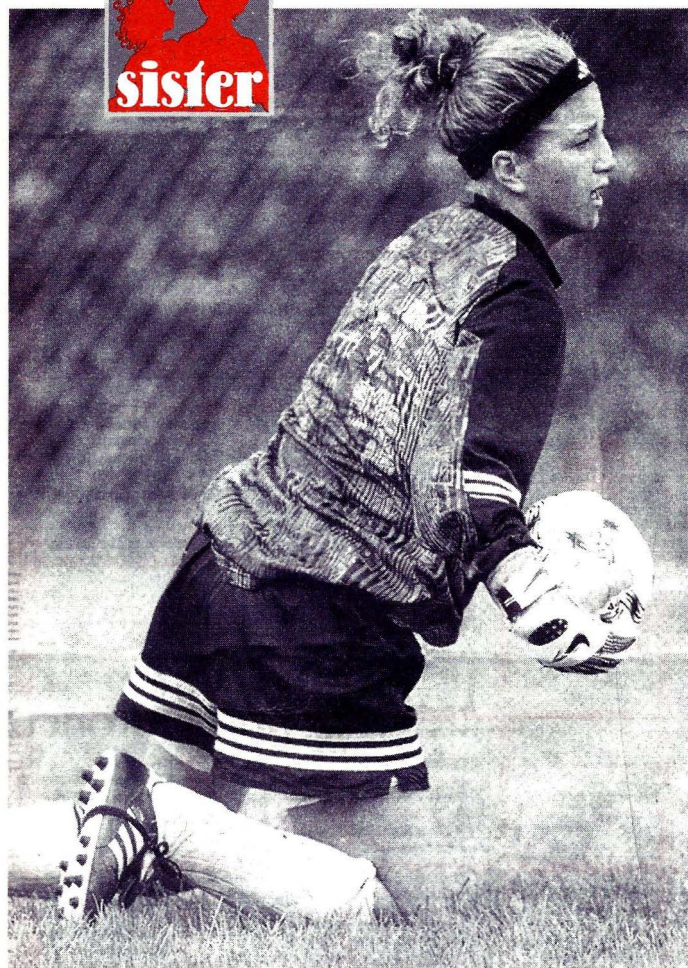
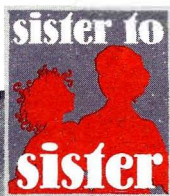
30

Halloween

31

THE GOOD FIGHT

by Lindsay Sabel



©Danbury News-Times

It's a soft landing for Lindsay as she blocks a goal on a rock-free field.

too. At Danbury High School, inequality was common in the athletic department.

When my parents first filed a complaint, we all thought that the problem would be resolved within months, and we would have a new field by the fall. We couldn't have been more wrong. The athletic department kept pushing back the date. We had to put a stop to it. My father began to look into the differences between the treatment of boys and girls at my school.

It was the fifth game of the spring softball season. We began every game in the same way: all of the infielders picking up handfuls of rocks and removing them from the infield. We had to do that so we wouldn't get hurt. I was only a freshman, but I knew something wasn't right. I looked across the outfield and couldn't help but envy the boys' brand-new baseball field. . . .

In the spring of 1996, Danbury High School in Connecticut completely renovated the baseball field and left the softball field in desperate need of a new infield. The surfacing rock layer of our infield not only made fielding grounders more difficult; it was also a safety hazard. The replacement of the boys' field and not the girls' field was a violation of Title IX (pronounced "title nine"). Basically, Title IX is a law that says schools have to treat girls and boys equally. It includes girls' and boys' school athletic teams,

At the time, the girls' field hockey program did not have enough uniforms for both the varsity and junior varsity teams. At the end of every varsity game, the girls would take off their skirts and give them to junior varsity players. There was not one boys' team that needed to share uniforms. Our girls' basketball team played its games at five in the evening, while the boys played at seven. The scheduling meant that fans who finished work at five couldn't come to the girls' games. So the girls had a lot fewer fans to cheer for them. The boys also had cheerleaders at their games, while the girls were never offered cheerleaders. The football team played most of their home games at night on a lit field, while no girls' teams were allowed to play on the football field.

I realized that there was a huge difference in the boys' and girls' programs. My family and I decided to do something about it. We filed a lawsuit against the Danbury Public School system for violation of Title IX.

The lawsuit was a long and difficult process. My father and I had to attend a hearing where a judge listened to both sides of the argument and asked questions to clarify the complaint. I was nervous about talking to the judge at first, but she made me feel like my opinion really mattered and she wanted the differences to be resolved.

Because of the lawsuit, Danbury High School girls' athletics are now better than they used to be. By the time I was a senior, I had the opportunity to play soccer under the lights on the football field, play basketball in front of a full gym at seven at night with cheerleaders, and finally play softball on a new field.

Besides the outward changes, Title IX has also lifted the spirits of the athletes. Girls know they are as valuable as the boys, and their teams do not take a backseat to any boys' program. I would advise any girl who feels that Title IX might be a problem at her school to look into it. If there are inequalities, fight them. It may be a long process, but the end result is well worth it.

EDUCATE YOURSELF ABOUT TITLE IX!

These two organizations have some very interesting information to get you started!



Equity Online

www.edc.org/WomensEquity/title9.html

Check out the Facts on Title IX—Before & After.

Women's Sports Foundation

(800) 227-3988

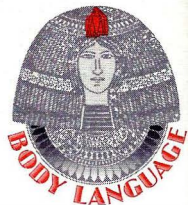
www.girlsandsports.net

Lindsay Sabel is a member of the women's varsity soccer team at Yale University.

Ex-Squeeze Me?!

by Amy Timberlake

Illustrated by Anita DuFalla



Eighty Percent!

Eighty percent of all people get acne. So you are not alone! The kind of acne that gets the most attention is the pimple—a raised, red bump. Pimples are small infections that have an annoying knack for planting themselves right in the middle of your face. Sometimes pimples hurt; other times you can see them bobbing in front of you. It's embarrassing, and you're sure the pimple is glowing like a stoplight. But it's not. And tomorrow—remember that 80 percent?—someone else will be sporting them, too.

Ah, Hormones . . .

Acne usually makes its first appearance during puberty. The extra hormones released during puberty encourage the tiny hair follicles in your face and neck to produce more oil and become slightly larger. Sometimes the follicles become blocked with the extra oil and skin cells. And when you add bacteria to this mix? Voilà! Pimples!

Although adults do get acne, for most people, a big chunk of the problem goes away by the time they're 20 years old.

Help?

Despite supermarket shelves covered with expensive tubes, tubs, and jars for handling acne "emergencies," the remedy is surprisingly simple. Gently wash your face twice a day with a mild soap. That's it. The idea is to dry the skin and remove extra oil and bacteria. Since soap dries the skin, the skin blocking the pore will hopefully flake off.

If the pimples persist for longer than a week, try a product with a stronger drying agent like benzoyl peroxide. But use it only once a day because your skin becomes sensitive. And don't use products with the highest concentrations because they'll cause peeling around the pimple.

If you have a really stubborn case of acne that's spread all over your face and neck, ask your parent(s) to take you to a dermatologist (a doctor who specializes in skin).

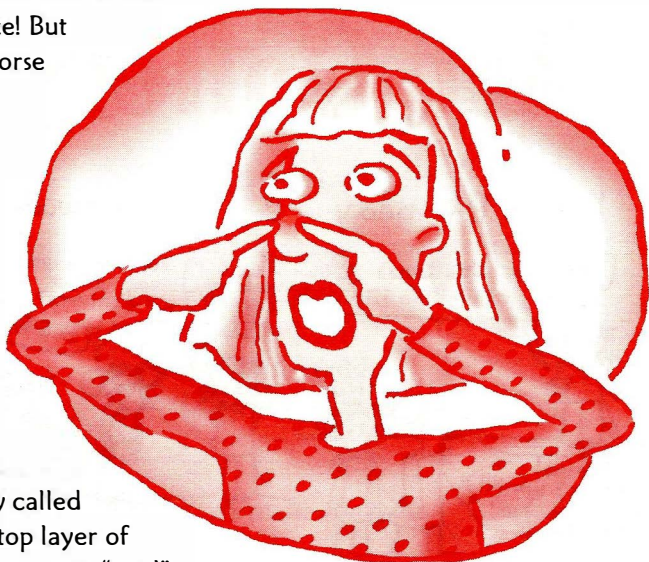


Things to Avoid (even though you'll be tempted to try them)

1. Squeezing, Scratching, and Popping. This wins as the number one temptation. Just one little squeeze! But you'll regret it. You can make the infection worse (and that means it'll go on longer) or you can bruise or scar yourself (which means you'll remember that squeeze for months or years).

2. Skin Cancer Sun Treatment. Some people think that if they expose their skin to sun, their acne will go away. But sunburn isn't a good idea no matter what the results might be on your acne. Skin cancer can kill you. So forget this idea—wear sunscreen and wash your face!

3. Ripping Your Face Off. More commonly called "chemical peels," this treatment removes the top layer of your face and is very dangerous. So avoid the urge to "peel"—you are not a banana.



Amy Timberlake is a freelance writer in Virginia, where she lives with her actor husband, Phil. As a joke on her thirteenth birthday, relatives gave her a bottle of green scrub gel for the pimples that would follow.

Chocolate Lovers Rejoice!

Experts now agree that chocolate and greasy foods do not cause acne. So while there are plenty of reasons to avoid grease and lots of chocolate, having them once in awhile won't hurt your skin. Just wash your face to clear the chocolate off your chin!

What Zit Mean?

Blackhead: Looks like a tiny black dot. The blockage is exposed to air and turns black.

Follicle: A tube-like opening in the skin, where a hair and its root develop.

Pimple: Looks like a raised, red bump. Bacteria enters the blocked hair follicle, and a small infection begins.

Whitehead: Looks like a tiny white dot. The blockage is covered over with skin.

Luna's Art Gallery

Luna's Birthday By Emily Kawachi

Welcome to Luna's Art Gallery! You asked for more artwork by readers, so we made a special place for it. This issue, we're proud to present the work of a fantastic cartoonist! If you would like to have your artwork (a drawing, painting, photo, collage, or anything else) featured in New Moon, send it to Luna's Art Gallery, New Moon, P.O. Box 3620, Duluth, MN 55803. We can only print art that is black and white or done in one color (like dark blue) on white, unlined paper. Be sure to include an explanation of what motivated you to create your work of art!



ARTIST'S NOTE:
My favorite part of New Moon is "Draw Luna." When I think of Luna, I think of a swirling wind. That's how the idea came to me for my cartoon.

Emily Kawachi, 10,
Massachusetts

First Day of School

The stone building, with a roof of red,
Is cold and unfriendly; the walls are dead.
Hordes of children sweep past me,
They all look so happy!

I clutch my mother's hand tight,
I don't want to go in—I'll put up a fight.
But I let myself be led inside,
A grown-up stranger pinches my cheeks,
pinches my pride.

In front of me, behind me, everywhere,
Mothers and fathers hold their kids' hands
with love and care.
Amidst the chaos emerges a woman in white,
Her grim face smiling, "She'll be all right."

Hugs and kisses, then the parents leave,
Pulling their daughters off their sleeves.
Someone begins to cry,
Others follow and so do I.

The rest of the day is a blur,
The teacher is getting harsher.
Three hours of slow torture pass,
Then, we're let out at last!

I hold my parents' hands,
And vow,
"This is going to be my last day at school."

K. Sravana Reddy, 14 • India

Poetry

Second Wedding

A room filled
With excitement and
Chanting.
A Jewish Wedding.
I had my snowy
Dress on.

That made me feel
Proud
Important.

My mother
In a white dress.
My father
In a dark suit.
Under a chupah
Of love.

Silence
Serenity
Suddenly
The breaking of
A glass is the
Shattering of the old
For the building
Of another beginning.

Lisa Guthery, 14 • Colorado

8 Big Ones

Guess what, readers? It really IS Luna's birthday! With this issue, Luna and New Moon turn 8 years old. You can send Luna your own birthday postcard at www.newmoon.org/jfg/!



GIRLS ON THE GO

Dear Readers: "Girls On the Go" is a brand-new department, where we'll hear from girls and women who are exploring the world. If you're going on an adventure and would like to write about it, send a short description of what you'll be doing and when to Girls On the Go, New Moon, P.O. Box 3620, Duluth, MN 55803, or e-mail girl@newmoon.org. Be sure to include your name, age, street address, and phone number. Love, Luna.

A Tale of Two Sarahs

by Sarah Garlick

My friend, Sarah Burgess, and I have been hiking the Appalachian Trail since June 20th. The Appalachian Trail goes for 2,158 miles from Maine to Georgia. We are heading south, hoping to finish by early December. In upcoming issues, we'll send you more first-hand reports from the trail.

Can you imagine planning for six months of hiking? It took us a whole year to save money and plan a schedule. We bought backpacks, boots, tents, and rain gear. This hike has taught us a lot about self-sufficiency because we have to rely on ourselves and on the gear on our backs to stay happy and healthy.

A lot of people hike the Appalachian Trail each year because, like us, they love to be outside. Each night, we fall asleep in our tents feeling alive and healthy.

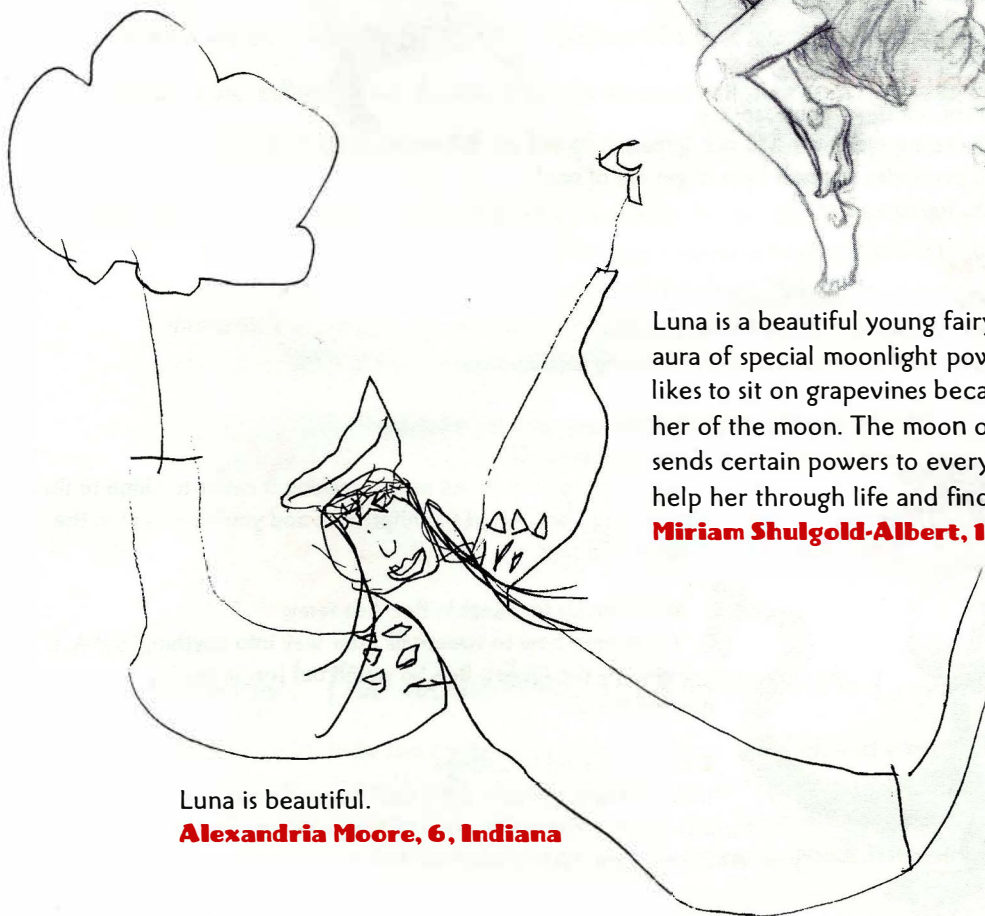
Another reason we're out on the trail is to encourage girls to explore the outdoors. During our hike, we'll be raising scholarship money for girls to take courses with the North Carolina Outward Bound School. This past summer, four girls used our scholarship to spend two to three weeks in the Blue Ridge Mountains.

We'll meet you back here in November with a report on how we're doing. Until then, Sarah and I will keep hiking forward, seeking new adventures in every bend of the trail.



Draw Luna

Luna is the spirit of New Moon. What do you think she looks like? Every girl's idea is different, and that's the way we like it! Let your imagination run wild and send us a drawing in dark pencil or ink on white, unlined paper of what Luna looks like to you. Send it to Draw Luna, New Moon, P.O. Box 3620, Duluth, MN 55803.



Luna is a beautiful young fairy who gives off an aura of special moonlight power. She always likes to sit on grapevines because grapes remind her of the moon. The moon on her forehead sends certain powers to every girl or woman to help her through life and find her destiny.

Miriam Shulgold-Albert, 13, California

Luna is beautiful.

Alexandria Moore, 6, Indiana

Take a Class on the Wild Side

by Sheila Mulrooney Eldred  Illustrated by Erin O'Leary

Go to the head of the pack! Take this quiz and find out where you should educate your inner animal!

1. Your favorite lunch is:

- A. Anything that's easy to throw.
- B. Sweet and sugary stuff. Gobs and gobs of it!
- C. VERY fresh meat. Any kind.

2. The first day of school, you wear:

- A. A diaper some crazy person put on you.
- B. The uniform—black with yellow stripes.
- C. Lots of lotion. Your skin's been feeling dry.

3. Your best subject is:

- A. Nutrition: Bananas help you study.
- B. Social Studies: You've got the buzz on the social scene.
- C. English: You can tell a tall tail.

4. After school, you love to:

- A. Swing Dance. You're not sure about dancing, but you've got the swinging down!
- B. Web Design. It's a good idea to know how to get out of one!
- C. Hide-and-go-seek. You're a natural!

5. You get home by:

- A. Piggy-back, usually from your best friend.
- B. Running, with your arms stretched out like an airplane.
- C. Car pool, although you're disappointed that swimming isn't involved.



If you answered mostly . . .

A's: Register at Monkey Madness U.

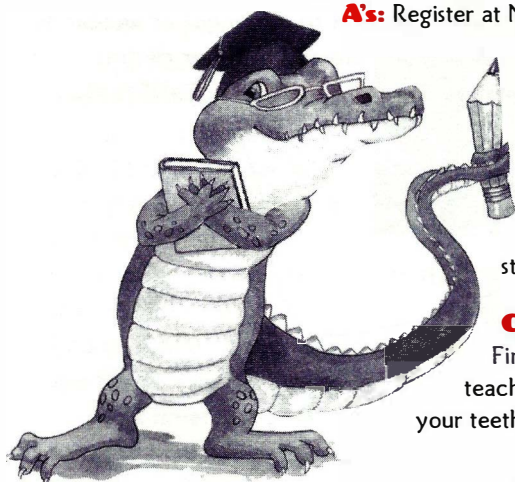
Your dorm room is in the jungle, making it easier to climb to the top of the class. Avoid the nitpickers, and you'll be right in the swing of things.

B's: Sign up for Bumble Bee Academy.

You'll learn how to sweet-talk your way into anything! B.B.A. is ruled by the Queen Bee, so watch out for stinging gossip.

C's: Try Crocodile College.

Finally—lessons on how to be cool and stay cool. The teachers have a rather dry sense of humor, but if you sink your teeth into your studies, you'll do well.



Writer Sheila Mulrooney Eldred wishes she could have gone to Bumble Bee Academy and majored in Social Studies.

Inside
the Moon

What a Beaut!

Calling All Girls! Calling All Girls!

It's time to let true beauty shine!

Get out your pens and send us your nominations for our
2nd annual 25 Beautiful Girls issue (May/June 2001).

**Last year, we challenged advertisers and other magazines
that say what you look like is more important than who you
are, and the world is beginning to hear the message.**

Do you know a girl, age 8 to 14, who is beautiful by being herself?

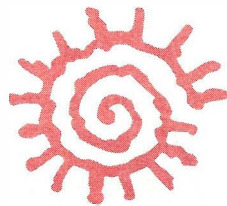
Send us an essay (NO MORE THAN 200 words) telling us EXACTLY why
she is beautiful for who she is and what she does. Make it as unique and
interesting as possible. Nominations longer than 200 words will be disqualified.

We'll choose 25 girls to profile in the May/June 2001 issue.

SEND YOUR NOMINATION TO:



Beautiful Girls
New Moon
P.O. Box 3620
Duluth, MN 55803

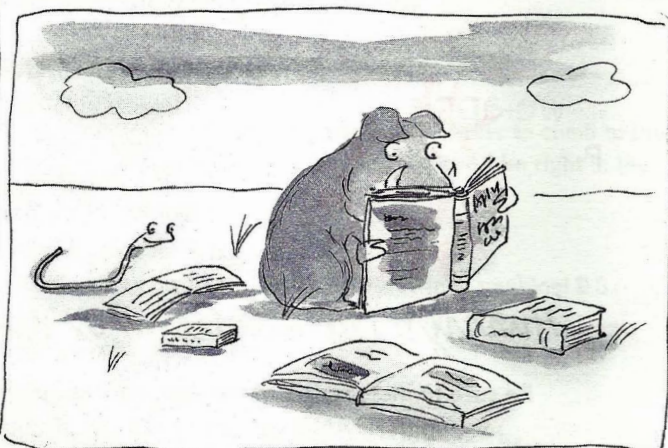


Hurry! The deadline is November 1, 2000!

Be sure to include the name, age, address, phone number, and e-mail address
for yourself AND your beautiful girl. If you don't, we won't be able to
consider your nomination. Visit the For Girls and Their Dreams section of our
website at www.newmoon.org for more details and essays about last year's beauties.

IN THE WILD

by Mary Lawton



© Mary Lawton

and.



THE LAST WORD

May-ling Soong Chiang

from *This Is Our China* (1940)

I AM
CONVINCED
THAT WE MUST
TRAIN NOT
ONLY THE HEAD,
BUT THE HEART
AND HAND
AS WELL.

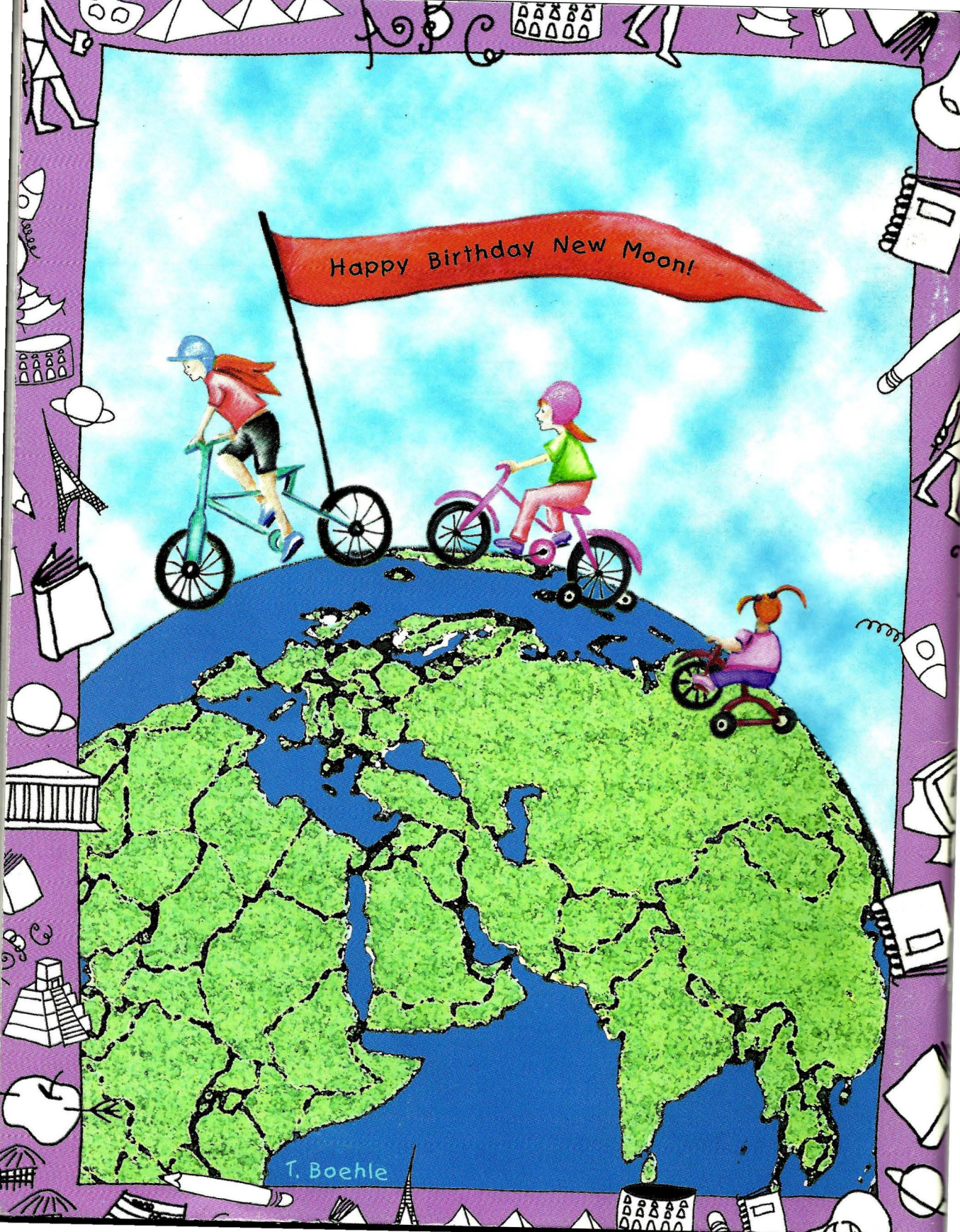
May-ling Soong Chiang, born in 1897 to a wealthy printer, was one of the first Chinese women educated in the United States. After college, May-ling married General Chiang Kai-shek, the leader of the Chinese Nationalist Party. Extremely influential in politics, and at one time referred to as "the most powerful woman in China," May-ling believes deeply in women's education. She was awarded an honorary doctoral degree from Wesleyan College in 1943.

THANK YOU!

We applaud Priscilla Bassett from Zimbabwe. She told all of her friends about New Moon and New Moon's commitment to making a difference in girls' lives. Thank you, Priscilla, for helping make New Moon great!

This issue's cover was done in Prisma

Color by artist Tami Boehle (pronounced BAY-LEE). Tami makes art in Maryland, where she lives with her husband, two children, and many four-legged friends. Her work can be seen in homes all over the world.



Happy Birthday New Moon!

T. Boehle